FOURTH OF JULY
CELEBRATION

CLAREMONT HUMAN SERVICES
Creating Community
People • Parks • Programs

FOURTH OF JULY
CELEBRATION
inside front
Claremont’s Grand Old Fourth

**FESTIVAL & PARADE**

**Memorial Park**

- 7-10am: Kiwanis Pancake Breakfast
- 7:30am/8am: Freedom 5000 1k/5k
  - Register at Active.com
- 9am-4pm: Festival, Games, & Entertainment
- 10am: Flag Raising Ceremony
- 10am: Food Booths Open
- 10:45am-3pm: T. Willard Hunter Speakers Corner
- 4pm: Parade*

*Parade begins at Memorial Park, travels south on Indian Hill, right on Harrison, and concludes at Larkin Park.

**CONCERT & FIREWORKS SHOW**

**Pomona College**

- 6:30pm: Gates & Concession Open
  - Tickets: $8 presale*
  - $10 at the gate
- 6:45-8:45pm: The Ravelers Live Concert
- 9pm: Vintage Style Low Level Fireworks Show

*Fireworks tickets go on sale June 1.


Parade Sponsor

Concert & Fireworks Show Sponsor

www.claremont4th.org
Summer 2015
Recreation Class & Activity Schedule

★ YOUR LOCAL GUIDE TO FUN, FITNESS, AND LEARNING ★

ADULT TEAM SPORTS
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25 Adult Co-Ed Soccer League

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Stay Connected!
Receive the most up-to-date information in regards to Claremont Human Services and wellness offerings in your community.

www.claremontca.org

HUMAN SERVICES DEPARTMENT CONTACTS
Human Services . . . . . . (909) 399-5490
Senior Program . . . . . (909) 399-5488
TRACKS Activity Center (TAC) (909) 399-5378
Youth Activity Center (YAC) . . . (909) 399-5360

The City of Claremont
Recreation Class & Activity Guide is published quarterly by the Human Services Department.
What's Happening

Claremont Human Services News ...

1 Get Ready for Summer! Claremont has something for the whole family with the return of Monday Night Concerts, Movies in the Park, Camp Claremont, Camps and Classes at the Hughes Center, and Park Reservations.  2 Fourth of July Celebration festivities are sure to combine small town charm with high flying patriotic spirit. The fun begins with the Freedom 5000 1k/5k, Kiwanis Breakfast, the Festival area, and Parade at Memorial Park. The day concludes at Pomona College with a rocking concert by The Ravelers complete with a vintage style low level fireworks show. Visit www.claremont4th.org for event information.  3 Summer Youth Programs and Volunteer Opportunities - Camp Claremont returns to Cahuilla Park to provides grades 1-8 with partial-day recreation activities (page 4). During this time, the TAC and YAC will be closed in preparation for the new school year. Grades 9-12 are encouraged to volunteer with Camp Claremont.

4 Dog Days of Summer - Where are Dogs Allowed? While dogs are not allowed within most parks (with or without a leash), the City has two designated off-leash areas for canines to run free, play fetch, and socialize. This in includes the Claremont Pooch Park at College Park and Rancho San Jose Park. Additionally, leashed dogs are permitted on Thompson Creek Trail, at the Wilderness Park, and on the trail that runs the perimeter of Padua Avenue Park. These restrictions do not apply to service animals as defined by the Federal Americans with Disabilities Act (ADA). Dog owners are responsible for removing any waste that is left behind.

5 CLU Community Performance Stage at Shelton Park - The construction for the new CLU Community Performance Stage in Shelton Park starts in May 2015. It is anticipated that the construction will take a few months, with additional time following the construction for park restoration. This new stage is a wonderful example of how the community, local non-profits and the City can partner together to build something that will benefit the community. The new stage will be a beautiful new venue for intimate events and performances and will be enjoyed by the community for years to come. Special thanks to the Village Marketing Group and all of the many generous donations from the community that made this project possible. For more information, please contact the Human Services Department at (909) 399-5490.

For more information on any of these stories, please call the Human Services Department at (909) 399-5490.
Claremont will host Special Olympics Delegations (which include athletes and coaches) from Bolivia, Latvia, Georgia Republic, and Curacao as part of the Special Olympics World Games Host Town program. Before the World Games begin July 25, 2015, more than 7,000 athletes from 177 countries will be welcomed to communities throughout Southern California. The Delegations will spend July 21-24, 2015 in and around Claremont as they become acclimated to the time zone, enjoy activities that Claremont has to offer and prepare to compete at the World Games.

Law Enforcement Torch Run for Special Olympics
Wednesday, July 22, 2015
Starts at Approximately 3:00 pm-4:00 pm
Memorial Park, 840 N. Indian Hill Blvd.

Community Concert in the Park
Featuring “The Ravelers”
Thursday, July 23, 2015
Memorial Park, 840 N. Indian Hill Blvd.
Community Booths Open at 6:00 pm • Concert: 7-8:30 pm • Kiwanis BBQ!

Send-off Pep Rally
Friday, July 24, 2015
Time & Location: TBD

DONATE TO SUPPORT OUR HOST ATHLETES AND COACHES!

For more information, contact Amber Guzman at (909) 399-5334 or aguzman@ci.claremont.ca.us
June 15 - August 7, 2015
Monday-Friday * 8am-1pm
Cahuilla Park * 1775 N. Indian Hill Blvd.

★ Arts & Crafts
★ Science & Nature
★ Cooking & Nutrition
★ Physical Fitness
★ Outdoor Games
★ Performing Arts
★ Team Building & Leadership
★ Sports
★ Movie Days
★ Indoor Games

Ages: Grades 1-8*
Cost: $15 per week**
Register: claremontrec.com
Lunch: $20 per week (optional)
Snack Bar: Open daily 9am-noon with healthy options
Info: (909) 399-5490

*$Open to CUSD Students & Claremont Residents in Grades 1-8. Registration and weekly enrollments are required. Pick up Registration Form from the Hughes Community Center or the TRACKS Activities Center (TAC).

**Plus one-time registration fee of $10.
Keep active young minds and bodies thriving with our partial-day camps and other week-long favorites that will build memories to last a lifetime!

Special Interest

Science Workz Camp
Ages 8-15 • Pg.19

My Artworks Cartoon & Anime Camp
Ages 8-15 • Pg.19

Robotics with Legos NXT
Ages 9-12 • Pg.20

Robotics with Legos WeDo
Ages 7-9 • Pg.20

Pre-Engineering W/Legos
Ages 5-7 • Pg.20

Engineering FUNdamentals w/LEGO
Ages 7-11 • Pg.20

Video Game Design Camp
Ages 8-15 • Pg.18

Spyworks Spyscience
Ages 8-15 • Pg.19

NASA!!! Jr. Astronauts
Ages 5-12 • Pg.18

3,2,1…Blast Off!
Ages 5-12 • Pg.18

Crazy Chemworks
Ages 5-12 • Pg.18

Robots 101
Ages 5-12 • Pg.18

Kids Aerial Circus Camp
Ages 6-12 • Pg.12

Stop Motion Animation
Ages 8-15 • Pg.19

Robotics
Ages 8-15 • Pg.19

Film Making Camp
Ages 8-15 • Pg.19

Engineering Camp
Ages 8-15 • Pg.20

Lango: Mandarin Camp
Ages 5-10 • Pg.21

Lango: Spanish Camp
Ages 3-10 • Pg.21

Gymnastics Summer Super Camp
Ages 3-12 • Pg.14

Sports

Famous Summer Tennis Camp
Ages 7-17 • Pg.25

Lil Kickers Soccer Summer Camp
Ages 3-7 • Pg.23

Look for classes with this icon 1-WEEK CAMP

Classes are affordably priced, and scholarships are available for qualified families living in Claremont or attending Claremont Schools.
The City of Claremont will not be offering summer swim lessons due to the temporary closure of the El Roble Intermediate School pool.

For your family’s swim lesson needs, please consider the following local options:

**City of La Verne**
June 8-August 14

Group Lessons (M-F): $56  
Private Lessons: $99  
Ages: 3 Months-Adult

Las Flores Park Aquatic Center  
3175 Bolling Avenue, La Verne  
Information & Registration: Community Services  
3660 D Street, La Verne  
(909) 596-8700  
www.ci.la-verne.ca.us

**City of San Dimas**
June 8-August 13

Group Lessons (M-Th): $45  
Ages: 9 Months-Adult

Swim & Racquet Club  
990 W. Covina Blvd., San Dimas  
Information & Registration: Swim & Racquet Club  
990 W. Covina Blvd., San Dimas  
(909) 592-1430  
www.cityofsandimas.com

For more information, please call (909) 399-5490.
Alexander Hughes Community Center Code of Conduct

1. Treat one another with dignity, civility and respect; derogatory statements towards a person’s race, gender, ethnicity, religion, or sexual orientation, will not be tolerated.
2. Refrain from inappropriate behavior. Individuals will be held accountable for actions that put the safety of others or oneself at risk. Engagement in unlawful activities or acts of physical violence, or threats of physical violence against a person or personal property, may result in Program Staff temporarily or permanently suspending the participant from activities at facilities.
3. Participants must show respect for all staff, other participants, volunteers, equipment and themselves.
4. Please keep your hands to yourself, no profanity and/or bad language will be tolerated.
5. No running through the building.
6. The City of Claremont, staff, and instructors are not responsible for any lost, damaged or stolen personal items.
7. Computer lab users must also follow specific rules posted in the computer lab.
8. Groups of 2 or more with a caregiver are responsible for completing a Group Trip Form at the front desk and calling for a scheduled trip to the facility 4 hours in advance. Failure to do this will result in being asked to leave the facility.
9. Fees may be charged to the participant if there is damage to the building, furniture, or equipment.
10. Students participating in fee based classes must adhere to the instructor’s rules and directions.
11. Individuals are not allowed to participate in a class they have not registered for.
12. Parents will refrain from interrupting the class and may not participate unless the class requires parent participation for children 5 and under.

Classes & Activities for the Whole Family
Game Room, Study Area, & Computer Lab
On-Site Registration and Information
Passport Services by Appointment
1700 Danbury Rd., Claremont, CA 91711
Call (909) 399-5490 for information.

OPERATING HOURS

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Closed: May 25th, July 4th, and Sept 7th.

Are You Prepared?

Summer Heat

STAY COOL
Keep your body temperature cool to avoid heat-related illness.
- Stay in air-conditioned buildings as much as possible
- Find an air-conditioned shelter
- Do not rely on a fan as your primary cooling device
- Avoid direct sunlight
- Wear lightweight, light-colored clothing
- Take cool showers or baths
- Check on those most at-risk twice a day

STAY INFORMED
Stay updated on local weather forecasts so you can plan activities safely when it’s hot outside.
- Check local news for extreme heat alerts and safety tips.
- Learn the symptoms of heat illness.

STAY HYDRATED
Because your body loses fluids through sweat, you can become dehydrated during times of extreme heat.
- Drink more water than usual
- Don’t wait until you’re thirsty to drink more fluids
- Drink from two to four cups of water every hour while working or exercising outside
- Avoid direct sunlight
- Wear lightweight, light-colored clothing
- Take cool showers or baths
- Check on those most at-risk twice a day

COOL ZONES
In the event of consecutive days of triple-digit heat, Cool Zones will open to the community.

For more tips on beating the heat, please visit www.cdc.gov/extremeheat

Classes & Activities for the Whole Family
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Closed: May 25th, July 4th, and Sept 7th.
Recreation Classes

ARTS, CRAFTS & PHOTOGRAPHY

Creator’s Touch

Island Adventure

Aloha! Improve your drawing skills and learn ocean trivia while you create a tropical island and creatures of the sea, such as playful dolphins, crawling crabs, and sharks. Give color to each project as you paint with watercolor crayons. **Material Fee:** $5 materials fee is due the first day of class. **Location:** Alexander Hughes Center. **Instructor:** Creator’s Touch Staff.

- Ages 5 to 10
- Mon - Thu
- 7/20-7/23
- 10:00 AM-12:00 PM
- 4 classes $85

Young Rembrandts

Basic Elementary Drawing

Young Rembrandts curriculum helps children develop drawing skills and abilities that will boost their confidence and encourage them to be creative. Lessons include landscape, still life, and art history topics. Students will improve drawing skills and be introduced to art concepts and vocabulary. Curriculum meets the California State Standards for Visual Arts. Registration deadline one day prior to the first day of class. All materials included. **Location:** Alexander Hughes Center. **Instructor:** Young Rembrandts Staff.

- Ages 6 to 12
- Wed 6/24-7/29
- 4:00 PM-4:45 PM
- 6 classes $85

Young Rembrandts

Cartoon Drawing

Learning to draw is fun and creative! Especially when we’re creating silly characters and story sequences that tell jokes! This class expands our engaging curriculum as students learn to illustrate objects, people and furry animals in hilarious situations. Join us for an awesome adventure in drawing! Registration deadline one day prior to the start date. All materials included. **Location:** Alexander Hughes Center. **Instructor:** Young Rembrandts Staff.

- Ages 6 to 12
- Wed 6/24-7/29
- 5:00 PM-5:45 PM
- 6 classes $85

Painting & Illustration

Learn contemporary, traditional, and experimental techniques. Genres include editorial, entertainment, fashion, portraiture, logos, and more! Skills learned may be applied in any medium. Students should possess basic drawing skills. A list of supplies will be provided by the instructor on the first day of class. No class July 4th. **Material Fee:** $10. **Location:** Alexander Hughes Center. **Instructor:** Mark Westermoe.

- Ages 14 to Adult
- Sat 6/6-7/18
- 9:30 AM-12:30 PM
- 6 classes $85
- Ages 14 to Adult
- Sat 7/25-8/29
- 9:30 AM-12:30 PM
- 6 classes $85

Young Rembrandts

Preschool Drawing

This class is specifically designed with the needs of young learners in mind. We provide a positive, nurturing environment while students learn to draw and develop skills that will also prepare them for Kindergarten. As students draw and color fun, familiar objects, they practice following directions and staying on task. Registration deadline one day prior to the start date of class. All materials included. **Location:** Alexander Hughes Center. **Instructor:** Young Rembrandts Staff.

- Ages 3.5 to 5
- Wed 6/24-7/29
- 3:00 PM-3:45 PM
- 6 classes $85

Young Rembrandts

Fashion Runway: Royal Princesses

For every girl who dreams of being a princess, join us for 5 days of beautiful medieval pageantry. Learn basic figure drawing and illustrate medieval-themed fashion accessories. By the last day, we will see the accumulation of previous days’ teaching as we create a large, wonderfully medieval scene of a queen and her ladies in waiting. No drawing experience is necessary. Enroll today! **Location:** Alexander Hughes Center. **Instructor:** Young Rembrandts Staff.

- Ages 6 to 12
- Mon - Fri
- 8/3-8/7
- 10:00 AM-11:30 AM
- 5 classes $85

Young Rembrandts

Drawing Heads, Hands & Figures

Learn to idealize, characterize, and express, rather than merely copy. Focus on anatomy, proportions, posing, lighting, and control of shapes to create mood and visual interest within your compositions. Treatments will range from sketches to finished studies and may be applied universally to all mediums. Beginning to advanced students welcome. A list of supplies will be provided by the instructor on the first day of class. **Material Fee:** $10. **Location:** Alexander Hughes Center. **Instructor:** Mark Westermoe.

- Ages 14 to Adult
- Mon 6/1-7/6
- 5:30 PM-8:30 PM
- 6 classes $85
- Ages 14 to Adult
- Tue 6/2-7/7
- 9:30 AM-12:30 PM
- 6 classes $85
- Ages 14 to Adult
- Mon 7/13-8/17
- 5:30 PM-8:30 PM
- 6 classes $85
- Ages 14 to Adult
- Tue 7/14-8/18
- 9:30 AM-12:30 PM
- 6 classes $85

Young Rembrandts

Creator’s Touch

Island Adventure

1-WEEK CAMP

Aloha! Improve your drawing skills and learn ocean trivia while you create a tropical island and creatures of the sea, such as playful dolphins, crawling crabs, and sharks. Give color to each project as you paint with watercolor crayons. **Material Fee:** $5 materials fee is due the first day of class. **Location:** Alexander Hughes Center. **Instructor:** Creator’s Touch Staff.

- Ages 5 to 10
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Young Rembrandts

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- Ages 5 to 10
- Mon - Thu
- 7/20-7/23
- 10:00 AM-12:00 PM
- 4 classes $85
Life Drawing: Heads & Figures
Draw from a live model. Anatomy, proportion, figure design, lighting, value, and composition are stressed throughout the course. Instructor demonstrations and critiques will be provided. This class is for advanced and intermediate students only. **Requirement:** Previous enrollment in “Drawing Heads, Hands and Figures” class or instructor’s approval needed. **Material Fee:** $10 plus additional fee for model. **Location:** Alexander Hughes Center. **Instructor:** Mark Westermoe.

**Ages 14 to Adult**
- **Mon 6/1-7/6** 9:30 AM-12:30 PM 6 classes $95
- **Mon 7/13-8/17** 9:30 AM-12:30 PM 6 classes $95

Healthy Grilling
It’s time to get out the BBQ and do some grillin’. In this class, we’ll learn to make Santa Fe Turkey burger with roasted poblanos and queso sauce, grilled corn on the cob with garlic butter, and black bean salsa. **Materials Fee:** $20. **Location:** Claremont Chef’s Academy, 514 West First Street. **Instructor:** Claremont Chefs Academy Staff.

**Adult Fri 6/26** 6:00 PM-8:15 PM 1 class $25

Sushi 101
Learn the art of Japanese cooking as we teach you how to make various types of sushi, miso soup, soybeans with sea salt, and green tea ice cream. **Materials Fee:** $20. **Location:** Claremont Chef’s Academy, 514 West First Street. **Instructor:** Claremont Chefs Academy Staff. **Location:** Claremont Chef’s Academy, 514 West First Street. **Instructor:** Claremont Chefs Academy Staff.

**Adult Fri 7/24** 6:00 PM-8:15 PM 1 class $25

Creative Movement Toddlers
Join our fun-filled creative movement program! This class is specially designed for toddlers to learn rhythm, gross motor, and basic tumbling skills with engaging music. With exciting props and equipment used in every class, students will explore their creative imagination in a nurturing environment. **Location:** Alexander Hughes Center. **Instructor:** Petite Feet Dance & Fitness Staff.

**Ages 1.5 to 2**
- **Tue 6/2-7/14** 10:15 AM-10:30 AM 7 classes $70
- **Tue 7/7-8/25** 10:15 AM-10:30 AM 6 classes $60
- **Tue 7/21-8/25** 10:15 AM-10:30 AM 6 classes $60

Parent & Me Cooking
Make a mess in someone else’s kitchen! This hands-on class incorporates age appropriate culinary skills, tasty recipes, and nutrition basics into a 1-hour class that is perfect for preschoolers’ attention span. Classes are taught by highly trained staff in a fun, safe, and welcoming environment. Parent participation required. **Material Fee:** $20. **Location:** Claremont Chef’s Academy, 514 West First Street. **Instructor:** Claremont Chefs Academy Staff.

**Ages 3 to 5**
- **Tue 6/2-6/23** 12:30 PM-1:30 PM 4 classes $75
- **Tue 7/7-7/28** 12:30 PM-1:30 PM 4 classes $75
- **Tue 8/4-8/25** 12:30 PM-1:30 PM 4 classes $75

Creative Movement Preschoolers
Children will share the joy of physical self-expression through fun, playful, and engaging routines and activities, while learning basic ballet, jazz, and tap techniques. Our instructor will encourage opening your child’s imagination with exciting props and music used in every class. **Location:** Alexander Hughes Center. **Instructor:** Petite Feet Dance & Fitness Staff.

**Ages 3 to 5**
- **Tue 6/2-7/14** 10:45 AM-11:30 AM 7 classes $75
- **Tue 7/7-7/28** 10:45 AM-11:30 AM 6 classes $65
- **Tue 7/21-8/25** 10:45 AM-11:30 AM 6 classes $65

Kids Cooking
Claremont Chef’s Academy classes are stuffed with fun as kids learn to cook fresh Italian cuisine, create budget gourmet meals, and recipes from celebrity chefs! Chefs will also learn kitchen safety and etiquette, as well as mixing in math and science. Get ready to taste all the fun you create! **Materials Fee:** $20. **Location:** Claremont Chef’s Academy, 514 West First Street. **Instructor:** Claremont Chefs Academy Staff.

**Ages 6 to 12**
- **Thu 6/4-6/25** 6:00 PM-7:30 PM 4 classes $95
- **Thu 7/9-7/30** 6:00 PM-7:30 PM 4 classes $95
- **Thu 8/6-8/27** 6:00 PM-7:30 PM 4 classes $95

Parent & Me Cooking
Make a mess in someone else’s kitchen! This hands-on class incorporates age appropriate culinary skills, tasty recipes, and nutrition basics into a 1-hour class that is perfect for preschoolers’ attention span. Classes are taught by highly trained staff in a fun, safe, and welcoming environment. Parent participation required. **Material Fee:** $20. **Location:** Claremont Chef’s Academy, 514 West First Street. **Instructor:** Claremont Chefs Academy Staff.

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**Ages 6 to 12**
- **Thu 6/4-6/25** 6:00 PM-7:30 PM 4 classes $95
- **Thu 7/9-7/30** 6:00 PM-7:30 PM 4 classes $95
- **Thu 8/6-8/27** 6:00 PM-7:30 PM 4 classes $95

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Recreation Classes

DANCE

Pop Tots with Petite Feet
This is a fun way for your tots to learn basic hip hop and breakdance moves with age appropriate music. This class will provide a fun way to exercise and have a great time. Please wear pants and sneakers (no slippers). Location: Alexander Hughes Center. Instructor: Petite Feet Dance & Fitness Staff.

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<td>4:15 PM-4:45 PM</td>
<td>7 classes</td>
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Hip Hop with Petite Feet
Introduce your child to hip hop dance styles, explore choreography, and rhythm movement skills to all of the latest age appropriate music. This class will provide a fun way to exercise and have a great time. Please wear pants and sneakers (no slippers). Location: Alexander Hughes Center. Instructor: Petite Feet Dance & Fitness Staff.

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<td>4:45 PM-5:30 PM</td>
<td>7 classes</td>
<td>$75</td>
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Kinder Ballet
This is a preparation, beautiful ballet class for youngsters. Class will consist of basic ballet positions, warm-up’s, and stretches. The children will lead to a ballet recital for parents and friends! Attire consists of a light pink leotard, tights, slippers and optional Tunic. Location: Alexander Hughes Center. Instructor: Nancy Lee Sample.

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<td>6 classes</td>
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Ballet “Swan Lake” Preparation
Students learn classical technique, stage presence, grace, poise, coordination, and knowledge of the classical art form. All dances will be leading up to a performance of a children’s version of “Swan Lake” and other dances. Some dance experience is preferred. Class attire consists of a light pink leotard, tights, slippers and optional Tunic. May bring water and a towel. Location: Alexander Hughes Center. Instructor: Nancy Lee Sample.

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<thead>
<tr>
<th>Ages 7.5 to 16</th>
<th>Thu 6/4-7/9</th>
<th>4:45 PM-5:45 PM</th>
<th>6 classes</th>
<th>$65</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 7.5 to 16</td>
<td>Thu 7/16-8/20</td>
<td>4:45 PM-5:45 PM</td>
<td>6 classes</td>
<td>$65</td>
</tr>
</tbody>
</table>

Ballet & Tap for Children
Your dancer will learn the basic ballet positions, gracefulness, rhythm and coordination. Ballet & tap shoes and dance attire are required. Registration deadline is 2 days prior to the start of class. Location: Alexander Hughes Center. Instructor: Maribel Arellano.

<table>
<thead>
<tr>
<th>Ages 4 to 6</th>
<th>Wed 6/3-6/24</th>
<th>3:30 PM-4:00 PM</th>
<th>4 classes</th>
<th>$30</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 4 to 6</td>
<td>Wed 8/5-8/26</td>
<td>3:30 PM-4:00 PM</td>
<td>4 classes</td>
<td>$30</td>
</tr>
<tr>
<td>Ages 7 to 9</td>
<td>Wed 6/3-6/24</td>
<td>4:05 PM-4:35 PM</td>
<td>4 classes</td>
<td>$30</td>
</tr>
<tr>
<td>Ages 7 to 9</td>
<td>Wed 8/5-8/26</td>
<td>4:05 PM-4:35 PM</td>
<td>4 classes</td>
<td>$30</td>
</tr>
</tbody>
</table>

Jazz & Hip Hop
Learn the beginning fundamentals of Jazz and Hip-Hop dance. They will start with a stretch warm up followed by floor exercises, and at times a routine. The rhythm movement skills is to all of the latest age appropriate music. Students will have the opportunity to perform at a recital. More details given during the session. Please wear comfortable clothes (no sandals or jeans). Location: Alexander Hughes Center. Instructor: Jini Dance Academy.

<table>
<thead>
<tr>
<th>Ages 11 to 13</th>
<th>Tue 6/2-6/16</th>
<th>6:00 PM-7:00 PM</th>
<th>3 classes</th>
<th>$40</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 11 to 13</td>
<td>Tue 7/7-8/25</td>
<td>6:00 PM-7:00 PM</td>
<td>8 classes</td>
<td>$90</td>
</tr>
<tr>
<td>Ages 14 to 17</td>
<td>Tue 6/2-6/16</td>
<td>7:00 PM-8:00 PM</td>
<td>3 classes</td>
<td>$40</td>
</tr>
<tr>
<td>Ages 14 to 17</td>
<td>Tue 7/7-8/25</td>
<td>7:00 PM-8:00 PM</td>
<td>8 classes</td>
<td>$90</td>
</tr>
</tbody>
</table>

Nightclub Two Step
This is a smooth and easy-flowing romantic dance adapted to today’s popular ballads and love songs. It’s a slower tempo ballroom dance, completely different than the Country Two Step. Location: Alexander Hughes Center. Instructor: Diane Carty.

<table>
<thead>
<tr>
<th>Ages 16 to Adult</th>
<th>Thu 7/2-7/23</th>
<th>6:00 PM-7:00 PM</th>
<th>4 classes</th>
<th>$50</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 16 to Adult</td>
<td>Thu 7/30-8/27</td>
<td>6:00 PM-7:00 PM</td>
<td>5 classes</td>
<td>$60</td>
</tr>
</tbody>
</table>

Waltz & Foxtrot
This class gives you a good chance to concentrate on two dances that share many of the same steps. Enjoy the fun and elegance of the Waltz and Foxtrot in preparation for your night out on the town. Location: Alexander Hughes Center. Instructor: Diane Carty.

<table>
<thead>
<tr>
<th>Ages 16 to Adult</th>
<th>Thu 7/2-7/23</th>
<th>7:00 PM-8:00 PM</th>
<th>4 classes</th>
<th>$50</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 16 to Adult</td>
<td>Thu 7/30-8/27</td>
<td>8:00 PM-9:00 PM</td>
<td>5 classes</td>
<td>$60</td>
</tr>
</tbody>
</table>

East Coast Swing
Beginning/Intermediate
Burn some calories with this energetic dance and have fun too! Learn basic single and triple rhythms with turns, kicks and hand changes, leading and following are emphasized. Timing changes and more intricate steps are added for Intermediate students. Location: Alexander Hughes Center. Instructor: Diane Carty.

<table>
<thead>
<tr>
<th>Ages 16 to Adult</th>
<th>Thu 6/4-6/25</th>
<th>7:00 PM-8:00 PM</th>
<th>4 classes</th>
<th>$50</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 16 to Adult</td>
<td>Thu 7/30-8/27</td>
<td>8:00 PM-9:00 PM</td>
<td>5 classes</td>
<td>$60</td>
</tr>
</tbody>
</table>

Beginning Tango
Don’t stay seated when you hear tango music! Get up and dance! This class will show you some basic moves and some styling too. Location: Alexander Hughes Center. Instructor: Diane Carty.

| Ages 16 to Adult | Thu 6/4-6/25 | 6:00 PM-7:00 PM | 4 classes | $50 |
Let’s Dance!

Studies have shown that regular activity through dance can help prevent heart disease and decrease blood pressure.

Ballroom

Ballroom dance like the stars! The beginning class is a great place to start your dance experience, gaining the confidence you need to join the fun on the dance floor! The class covers the basics in Foxtrot, Swing, Cha Cha, and Waltz. The Intermediate class includes more steps each session and Latin dancing in Rumba, Samba, Tango, or Salsa. Leading and following will be emphasized. Location: Alexander Hughes Center. Instructor: Diane Carty.

BEGINNING
- Ages 16 to Adult
- Wed 6/3-7/8 7:00 PM-8:00 PM
- 6 classes $70
- Ages 16 to Adult
- Wed 7/15-8/19 7:00 PM-8:00 PM
- 6 classes $70

INTERMEDIATE
- Ages 16 to Adult
- Wed 6/3-7/8 8:00 PM-9:00 PM
- 6 classes $70
- Ages 16 to Adult
- Wed 7/15-8/19 8:00 PM-9:00 PM
- 6 classes $70

Latin Dance

Beginning/Intermediate

Be competent on the dance floor by learning the basics of these Latin dances: Rumba, Cha-Cha, Salsa, and some Tango or Samba. Students with previous experience will learn additional fun steps as well as some styling techniques. Location: Alexander Hughes Center. Instructor: Diane Carty.

- Ages 16 to Adult
- Wed 6/3-7/8 6:00 PM-7:00 PM
- 6 classes $70
- Ages 16 to Adult
- Thu 7/2-7/23 8:00 PM-9:00 PM
- 4 classes $50
- Ages 16 to Adult
- Thu 7/30-8/27 7:00 PM-8:00 PM
- 5 classes $60

Egyptian Belly Dance

Experience the graceful, fun moves of Egyptian Belly Dance as you learn to shimmy, hip lift, and undulate to exciting Arabic music. Each semester, a new choreography highlights different aspects of this fabulous, sensual dance with insightful connections to its cultural base. Start with the beginning class, reinforcing basics, then stay another hour learning more professional techniques and advanced choreography. For Summer we are offering sassy Latin/Arab Choreography. Location: Alexander Hughes Center. Instructor: Kahena.

BEGINNING
- Ages 8 to Adult
- Wed 6/17-8/12 6:30 PM-8:00 PM
- 9 classes $75

INTERMEDIATE
- Ages 8 to Adult
- Wed 6/17-8/12 6:30 PM-9:00 PM
- 9 classes $90

Dance Like Stars at Your Special Event

Shine like stars at parties, weddings, anniversaries, reunions, etc. This class is for couples celebrating a special event, for members of a wedding party, or anyone desiring a more personal dance experience. Students will learn some easy and elegant ballroom steps suitable for the music they provide. Bring your own music to the first class (CD or MP3). Location: Alexander Hughes Center. Instructor: Diane Carty.

- Ages 16 to Adult
- Wed 8/26 7:00 PM-9:00 PM
- 1 class $10

- Ages 16 to Adult
- Wed 7/15-8/19 6:00 PM-7:00 PM
- 6 classes $70

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Take a Class Together!
Country Western Line Dancing

Start anytime and learn to line dance the easy way! Beginner steps are broken down and taught at a slower pace. Intermediate level students will learn a number of dances that can be used at clubs, weddings, and parties. Don’t miss out on the fun! Note: No sandals. Intermediate Requirement: At least one beginner level class. Location: Alexander Hughes Center. Instructor: Bonnie Reed.

BEGINNING
- Ages 10 to Adult Mon 6/1-8/31 6:00 PM-7:00 PM 4 classes $45
- Ages 10 to Adult Mon 6/1-8/31 6:00 PM-7:00 PM 8 classes $90
- Ages 10 to Adult Mon 6/1-8/31 6:00 PM-7:00 PM 12 classes $135

DROP-IN
- Ages 10 to Adult Mon 6/1-8/31 6:00 PM-7:00 PM 1 class $12

INTERMEDIATE
- Ages 10 to Adult Mon 6/1-8/31 6:00 PM-8:30 PM 4 classes $45
- Ages 10 to Adult Mon 6/1-8/31 6:00 PM-8:30 PM 8 classes $90
- Ages 10 to Adult Mon 6/1-8/31 6:00 PM-8:30 PM 12 classes $135

DROP-IN
- Ages 10 to Adult Mon 6/1-8/31 6:00 PM-8:30 PM 1 class $12

Kids Aerial Circus

Learn aerial silks, hoop, and trapeze! Work your whole body, gain flexibility, and have fun all at the same time! Everyone works at their own pace and are carefully monitored. You will be amazed at the tricks you will perform! Please wear workout clothes. No shoes or socks needed. Registration deadline is 2 days prior to the first day of class. Location: The Circus Studio (Inside the Packing House) 548 W. 1st Street. Instructor: The Circus Studio Staff.

- Ages 6 to 12 Tue 6/2-6/23 4:30 PM-5:30 PM 4 classes $70
- Ages 6 to 12 Thu 6/4-6/25 4:30 PM-5:30 PM 4 classes $70
- Ages 6 to 12 Tue 7/7-7/28 4:30 PM-5:30 PM 4 classes $70
- Ages 6 to 12 Thu 7/9-7/30 4:30 PM-5:30 PM 4 classes $70
- Ages 6 to 12 Tue 8/4-8/25 4:30 PM-5:30 PM 4 classes $70
- Ages 6 to 12 Thu 8/6-8/27 4:30 PM-5:30 PM 4 classes $70

CAMP
- Ages 6 to 12 Mon-Fri 6/22-6/26 1:00 PM-3:00 PM 5 classes $130
- Ages 6 to 12 Mon-Fri 6/29-7/3 1:00 PM-3:00 PM 5 classes $130
- Ages 6 to 12 Mon-Fri 7/13-7/17 1:00 PM-3:00 PM 5 classes $130
- Ages 6 to 12 Mon-Fri 7/27-7/31 1:00 PM-3:00 PM 5 classes $130

Pilates Mat - For Improved Posture & Alignment

Learn how to use your postural muscles in a healthy and conscious manner. Gain awareness while you explore the body. Learn to use your abdomen to stabilize good postural habits, the pelvic floor, upper and lower extremities and the spine to identify correcting tensions within the body. Students who take and repeat this course will improve the quality of their movements while decreasing/preventing chances of injury in their daily activities. Location: Alexander Hughes Center. Instructor: Caridad Espinosa.

BEGINNING
- Ages 18 to Adult Wed 6/3-6/26 7:15 PM-8:15 PM 13 classes $140

INTERMEDIATE
- Ages 18 to Adult Tue 6/2-6/25 9:30 AM-10:30 AM 13 classes $140

DROP-IN
- Adult Tue or Wed 6/2-6/26 9:30 AM-10:30 AM 7:15 PM-8:15 PM 1 class $12
Yoga- Breath In, Stress Out
This class is based on ancient techniques for better breathing, relaxation and mental stability. The class includes basic postures (asanas) of hatha yoga and exercise based on Bhrigu Yoga to strengthen the body, increasing flexibility of the spine, strengthening bones and stimulating the circulatory and immune systems. Bring yoga mat to class. **Location:** Alexander Hughes Center. **Instructor:** Anat Levi.

- **Ages 18 to Adult**
  - **Tue**
    - 7/28-8/25
    - 8:30 AM-9:30 AM
    - 5 classes
    - $50
  - **Sat**
    - 8/1-8/29
    - 8:30 AM-9:30 AM
    - 5 classes
    - $50

Asana Yoga
This practice is preparing the body to be free of tension, as we move in a flow of asanas (postures), linking breath to movement. Emphasis on alignment awareness and deep breathing, will increase physical balance, build strength and flexibility, and will bring calmness to body and mind. Yoga props are used for individual modification. Open to all levels. Bring a yoga mat. Registration deadline is 2 days prior to start of class. No class on June 24. **Location:** Alexander Hughes Center. **Instructor:** Yehudit Coutin.

- **Ages 16 to Adult**
  - **Wed**
    - 6/3-7/29
    - 9:30 AM-10:30 AM
    - 8 classes
    - $90

Yoga for Joints
This restorative yoga class will shake loose the cobwebs of the body and will work the joints, glands and muscles. This practice includes low tension movements, deep breathing and relaxation techniques, to increase good posture, better balance, strength and flexibility. Performed first thing in the morning, our practice will prepare any person for a day free of tension. Perfect for beginners as well as the experienced practitioner suffering from injuries. Registration deadline is 2 days prior to start of class. No class on June 24. **Location:** Alexander Hughes Center. **Instructor:** Yehudit Coutin.

- **Ages 16 to Adult**
  - **Mon**
    - 6/1-6/22
    - 6:00 PM-7:00 PM
    - 4 classes
    - $50
  - **Mon**
    - 6/6-7/27
    - 6:00 PM-7:00 PM
    - 4 classes
    - $50
  - **Mon**
    - 8/3-8/24
    - 6:00 PM-7:00 PM
    - 4 classes
    - $50

Over 50 Yoga
Living a pain free, active life is a result of being able to restore balance and relaxation to an overworked, stressed out mind and body system. Every week students will experience a restorative yoga session. Lessons feature how to create balance through the practices of grounding, centering, and releasing stretches. Students will focus on slow and safe movements. No prior experience necessary. Mat and blanket set can be purchased from instructor at the first class for $25 until supplies last. **Location:** Alexander Hughes Center. **Instructor:** Susan Perry.

- **Ages 50 to Adult**
  - **Mon**
    - 6/1-6/22
    - 6:00 PM-7:00 PM
    - 4 classes
    - $50
  - **Mon**
    - 7/6-7/27
    - 6:00 PM-7:00 PM
    - 4 classes
    - $50
  - **Mon**
    - 8/3-8/24
    - 6:00 PM-7:00 PM
    - 4 classes
    - $50

Jazzercise
Jazzercise is a calorie-torching, hip swiveling, Shakira’d-be-proud dance party workout to put your abs to the test, with a hot playlist to distract you from the burn. Our classes - strike, fusion, core, strength, and dance mix - will leave you breathless, toned, and coming back for more. Start working it... with Jazzercise. New student membership fee of $39 is due the first class for unlimited monthly passes. NO ONLINE REGISTRATION. For more information, visit www.jazzercise.com. **Location:** Alexander Hughes Hughes Center. **Instructor:** Jazzercise Staff.

- **Ages 16 to Adult**
  - **Tue**
    - 6/1-9/1
    - 6:15 PM-7:15 PM
    - Per class
    - $12
  - **Sat**
    - 5/21-9/1
    - 8:30 AM-9:30 AM
    - As low as $39/month

Instructors Wanted!
Share your hobby or talents with the community. As a recreation class instructor you can have fun and earn money doing what you love. Call (909) 399-5490.
Recreation Classes

Baldy View
Preschool Gymnastics
This class introduces preschoolers to basic gymnastics skills while focusing on the development of fine motor skills used in running, hopping, skipping, and jumping. Students will learn forward and backward rolls, tripods, headstands, cart-wheels, and walks on the low balance beam, and basic bar skills, trampoline, and vaulting. Registration deadline is 2 days prior to the start date of the class. **Location:** Baldy View Gymnastics, 916 Monte Vista Ave. Upland, CA. **Instructor:** Baldy View Gymnastics Staff.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
<th>Classes</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 to 5</td>
<td>Sat</td>
<td>6/13-7/25</td>
<td>11:00 AM-11:45 AM</td>
<td>6</td>
<td>$70</td>
</tr>
<tr>
<td>3 to 5</td>
<td>Mon</td>
<td>6/15-7/20</td>
<td>5:45 PM-6:30 PM</td>
<td>6</td>
<td>$70</td>
</tr>
<tr>
<td>3 to 5</td>
<td>Mon</td>
<td>8/3-8/24</td>
<td>5:45 PM-6:30 PM</td>
<td>4</td>
<td>$50</td>
</tr>
<tr>
<td>3 to 5</td>
<td>Sat</td>
<td>8/8-8/29</td>
<td>11:00 AM-11:45 AM</td>
<td>4</td>
<td>$50</td>
</tr>
</tbody>
</table>

U-Jam Fitness
U-Jam Fitness unites world beats with urban flavor and takes you around the world from Hip-Hop to Bollywood, with an athletic cardio workout that tones your body and leaves you begging for more! U-Jam Fitness is universal and unique! So lace up your kick and “Let the Music Drive You!” No class July 28th and 30th. **Location:** Alexander Hughes Center. **Instructor:** Taipai Michelson.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
<th>Classes</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 to Adult</td>
<td>Tue &amp; Thu</td>
<td>6/2-8/27</td>
<td>9:00 AM-10:00 AM</td>
<td>12</td>
<td>$95</td>
</tr>
<tr>
<td>10 to Adult</td>
<td>Tue &amp; Thu</td>
<td>6/2-8/27</td>
<td>9:00 AM-10:00 AM</td>
<td>24</td>
<td>$190</td>
</tr>
<tr>
<td>DROP-IN</td>
<td>Tue &amp; Thu</td>
<td>6/2-8/27</td>
<td>9:00 AM-10:00 AM</td>
<td>1</td>
<td>$10</td>
</tr>
</tbody>
</table>

Baldy View
Beginning Gymnastics
This is a beginning level gymnastics class that focuses on flexibility, strength, floor exercise, balance beam, uneven bars and vaulting. Not only is gymnastics fun, but also a great way to increase coordination, agility, flexibility, strength, courage, grace and self-confidence. Registration deadline is 2 days prior to the start date of class. **Location:** Baldy View Gymnastics, 916 Monte Vista Ave. Upland, CA. **Instructor:** Baldy View Gymnastics Staff.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
<th>Classes</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 to 12</td>
<td>Mon</td>
<td>6/15-7/20</td>
<td>6:30 PM-7:15 PM</td>
<td>6</td>
<td>$70</td>
</tr>
<tr>
<td>6 to 12</td>
<td>Mon</td>
<td>8/3-8/24</td>
<td>6:30 PM-7:15 PM</td>
<td>4</td>
<td>$50</td>
</tr>
</tbody>
</table>

Charter Oak
Kiddie Gymnastics
Designed to build confidence and self-esteem, this class helps develop strength, coordination, flexibility, and rhythm through progressive gymnastic skills. Participants should wear loose fitting clothes and keep hair away from the face. Registration deadline is 1 day prior to the start date. **Location:** Alexander Hughes Center. **Instructor:** Charter Oaks Gymnastics Staff.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
<th>Classes</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 to 5</td>
<td>Thu</td>
<td>6/4-7/9</td>
<td>2:00 PM-2:40 PM</td>
<td>6</td>
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<tr>
<td>3 to 5</td>
<td>Thu</td>
<td>7/23-8/27</td>
<td>2:00 PM-2:40 PM</td>
<td>6</td>
<td>$60</td>
</tr>
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</table>

DAYS
Tuesday & Thursday

Baldy View Gymnastics
Summer Camp
This gymnastics camp includes gymnastics lessons, trampoline, games, crafts, performance, snacks and a pizza party at the end! Registration deadline is one week prior to the start date of class. All registration is done in person at the Alexander Hughes Center only. **Location:** Baldy View Gymnastics, 916 Monte Vista Ave. Upland, CA. **Instructor:** Baldy View Gymnastics Staff.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
<th>Classes</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>3 to 5</td>
<td>Mon-Fri</td>
<td>6/29-7/3</td>
<td>9:30 AM-12:00 PM</td>
<td>5</td>
<td>$145</td>
</tr>
<tr>
<td>5 to 12</td>
<td>Mon-Fri</td>
<td>8/17-8/21</td>
<td>9:30 AM-12:00 PM</td>
<td>5</td>
<td>$145</td>
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</tbody>
</table>

Charter Oak
Beginning Gymnastics
This class will teach the basic skills and fundamentals of gymnastics. Instruction will be given on Tumbling, balance, mini-trampoline, bars, and vault. Children should wear loose fitting clothes and keep hair away from face. Registration deadline 1 day prior to first class. **Location:** Alexander Hughes Center. **Instructor:** Charter Oaks Gymnastics Staff.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Days</th>
<th>Start Date</th>
<th>Time</th>
<th>Classes</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 to 12</td>
<td>Thu</td>
<td>6/4-7/9</td>
<td>2:45 PM-3:25 PM</td>
<td>6</td>
<td>$60</td>
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<tr>
<td>6 to 12</td>
<td>Thu</td>
<td>7/23-8/27</td>
<td>2:45 PM-3:25 PM</td>
<td>6</td>
<td>$60</td>
</tr>
</tbody>
</table>

Neighborhood parks are an escape, a place to run around and play.
MARTIAL ARTS

Kids Karate for Confidence
This preteen program will teach physical and mental skills. True confidence comes from true skills. The techniques are age appropriate and effective for the specific child and their needs. Material fee of $35 will cover the cost of uniform and belt. Location: Sekai Black Belt Academy, 859 W. Foothill Blvd.

Instructor: Sekai Black Belt Academy Staff.

<table>
<thead>
<tr>
<th>Ages 6 to 12</th>
<th>Wed 6/3-6/24</th>
<th>3:00 PM-3:45 PM</th>
<th>4 classes</th>
<th>$45</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 6 to 12</td>
<td>Wed 7/1-7/29</td>
<td>3:00 PM-3:45 PM</td>
<td>5 classes</td>
<td>$45</td>
</tr>
<tr>
<td>Ages 6 to 12</td>
<td>Wed 8/5-8/26</td>
<td>3:00 PM-3:45 PM</td>
<td>4 classes</td>
<td>$45</td>
</tr>
</tbody>
</table>

The Bully Proof Workshop
According to studies, 96% of children will be bullied at least once in their lifetime. Studies show that 46% of those children will suffer poor grades or will abstain from extracurricular activities. This program is designed to give children the confidence, self-esteem, and knowledge needed to defend themselves against bullies. Registration deadline is 2 days prior to the start date of class. Location: Sekai Black Belt Academy, 859 W. Foothill Blvd.

Instructor: Sekai Black Belt Academy Staff.

| Ages 7 to 12 | Sat 6/6 | 12:30 PM-2:00 PM | 1 class | $10 |

Ju-Jitsu For Defense
Learn the “gentle art” of traditional Japanese jujitsu. Integrate knowledge of throws, take downs, pain techniques and submissions into your personal self-defense system during this 12 week class. Beginners should wear comfortable, durable active wear. A $20 AJA membership fee is required and is due to the instructor during the first week of class. Current membership is required in order to work on the mat. Location: Alexander Hughes Center.

Instructors: Linda Della Pelle & Cesar George.

| Ages 12 to Adult | Tue or Thu 6/9-8/27 | 7:00 PM-9:00 PM | 12 classes | $60 |
| Ages 12 to Adult | Tue & Thu 6/9-8/27 | 7:00 PM-9:00 PM | 24 classes | $80 |

Aikido
Based on the Samurai sword arts, Aikido is a Japanese martial art. It is not competition or tournament based study, but instead based on principles of harmonious resolution to conflict. Technique offers lessons in self-protection through centered, relaxed, and balanced movements. Practice will begin with stretching to promote flexibility. Primarily students will engage in partner practice with some sword and staff training. Aikido on Mon and Wed, Aikido Sword & Staff on Saturdays. Optional uniform. No Class July 4 and 11th.


| Ages 13 to Adult | Mon & Wed & Sat 6/1-6/27 | 7:30 PM-9:00 PM | 12 classes | $85 |
| Ages 13 to Adult | Mon & Wed & Sat 7/6-8/1 | 7:30 PM-9:00 PM | 12 classes | $85 |
| Ages 13 to Adult | Mon & Wed & Sat 8/3-8/29 | 7:30 PM-9:00 PM | 12 classes | $85 |

Ju-Jitsu For Defense
Learn the “gentle art” of traditional Japanese jujitsu. Integrate knowledge of throws, take downs, pain techniques and submissions into your personal self-defense system during this 12 week class. Beginners should wear comfortable, durable active wear. A $20 AJA membership fee is required and is due to the instructor during the first week of class. Current membership is required in order to work on the mat. Location: Alexander Hughes Center.

Instructors: Linda Della Pelle & Cesar George.

| Ages 12 to Adult | Tue or Thu 6/9-8/27 | 7:00 PM-9:00 PM | 12 classes | $60 |
| Ages 12 to Adult | Tue & Thu 6/9-8/27 | 7:00 PM-9:00 PM | 24 classes | $80 |

Improve Your Fitness
Taking a recreational fitness class can strengthen your bones & muscles, improve balance, and increase your sense of well-being.

Ju-Jitsu For Defense
Learn the “gentle art” of traditional Japanese jujitsu. Integrate knowledge of throws, take downs, pain techniques and submissions into your personal self-defense system during this 12 week class. Beginners should wear comfortable, durable active wear. A $20 AJA membership fee is required and is due to the instructor during the first week of class. Current membership is required in order to work on the mat. Location: Alexander Hughes Center.

Instructors: Linda Della Pelle & Cesar George.

| Ages 12 to Adult | Tue or Thu 6/9-8/27 | 7:00 PM-9:00 PM | 12 classes | $60 |
| Ages 12 to Adult | Tue & Thu 6/9-8/27 | 7:00 PM-9:00 PM | 24 classes | $80 |

Ju-Jitsu For Defense
Learn the “gentle art” of traditional Japanese jujitsu. Integrate knowledge of throws, take downs, pain techniques and submissions into your personal self-defense system during this 12 week class. Beginners should wear comfortable, durable active wear. A $20 AJA membership fee is required and is due to the instructor during the first week of class. Current membership is required in order to work on the mat. Location: Alexander Hughes Center.

Instructors: Linda Della Pelle & Cesar George.

| Ages 12 to Adult | Tue or Thu 6/9-8/27 | 7:00 PM-9:00 PM | 12 classes | $60 |
| Ages 12 to Adult | Tue & Thu 6/9-8/27 | 7:00 PM-9:00 PM | 24 classes | $80 |
Olympic Judo

Judo is a popular Olympic sport that combines throwing and grappling techniques used in mixed martial arts which empower a student to subdue a stronger opponent. Judo also teaches the importance of living a life that benefits and enriches one self as well as the community. A regulation judo gi (uniform) is required to participate in this class. These can be purchased from the instructor at the first class and cost $75. $10 discount for additional family members. No class on July 4th. For more information, visit www.goltzjudo.com.

Location: Alexander Hughes Center.
Instructor: Gary Goltz Staff.

Ages 6 to 13 Mon Wed Sat 6/1-8/29 5:30 PM-6:30 PM Ongoing $100
Ages 13 to Adult Mon Wed Sat 6/1-8/29 6:30 PM-8:00 PM Ongoing $100

Tiny Tots Judo

Judo is an ideal activity to help develop motor skills, socialization skills, and learning discipline. Judo involves Tumbling, falling, throwing, and grappling. A regulation judo gi (uniform) is required to participate in this class. These can be purchased from the instructor at the first class at a cost of $35-45. $5 discount for additional family members. Instructor will be making an announcement on the date for a tournament. Location: Alexander Hughes Center. Instructor: Tony Farah.

Ages 3 to 6 Thu 6/4-8/13 6:00 PM-6:45 PM 11 classes $70
Ages 3 to 6 Fri 6/5-8/13 5:15 PM-6:00 PM 11 classes $70
Ages 3 to 6 Thu & Fri 6/4-8/13 6:00 PM-6:45 PM 22 classes $90

Fight Like a Girl!

Women’s Self Defense

This is a comprehensive seminar covering practical and effective self-defense techniques geared towards women. Course content is based on the psychology of victim avoidance combined with effective grappling, striking, and escapes utilized in martial arts. Women will be empowered with the tools and know-how to improve their awareness in order to avoid dangerous situations. Location: Alexander Hughes Center. Instructor: Tony & Ashton Farah.

Ages 12 to Adult Sat 6/27-6/27 12:00 PM-2:00 PM 1 class $25

Kid Safe!

This seminar will show children and parents, in a non-threatening way and through “what if?” scenarios, how to identify and respond to dangerous situations. Interactive demonstrations will be fun and informative. Children learn about protecting themselves from abuse, abduction, and exploitation without becoming frightened in the process. Parents will be provided with a checklist of simple safety measures, deterrence strategies, and solutions to minimize the chances of harm to their children. Location: Alexander Hughes Center. Instructor: Ashton Farah.

Ages 6 to 11 Sat 7/18-7/18 12:00 PM-2:00 PM 1 class $10

Visit us online at www.goltzjudo.com
MUSIC & THEATRE

Individual String Private Lessons
This class offers one-on-one private lessons in the choice of the following string instruments: Violin or Viola beginning to advance level. Cello or acoustic guitar, beginning to intermediate level. Classical, acoustic guitar with nylon strings. Days and times will be arranged with instructor. Please contact the instructor in advance to discuss instrument usage at lvelickovic@live.com.

Material Fee: $12. Location: Alexander Hughes Center. Instructor: Dr. Lubomir Velickovic.

Ages 7 to Adult Fri 6/19-8/28 11:30 AM-1:00 PM 4 classes $115

Introduction to Keyboarding & Piano
Students will learn keyboard/piano playing in a natural and enjoyable way through creative activities, note reading, solfege singing, ear-training, rhythm, finger coordination, solo, and ensemble playing. Parent participation is required for participants 3 to 5 years of age. Keyboard will be provided in class only. Registration deadline is 2 days prior to the start date. Material Fee: $25 Location: Upland School of Music, 791 E. Foothill Blvd Suite H, Upland. Instructor: Upland Music Center Staff.

Ages 3 to 5 Mon 6/15-7/13 4:15 PM-5:00 PM 5 classes $60
Ages 6 to 9 Mon 6/15-7/13 5:00 PM-5:45 PM 5 classes $60
Ages 10 to Adult Mon 6/15-7/13 5:45 PM-6:30 PM 5 classes $60

Beginning Classical Guitar
Introductory course in basics of classical guitar from playing position to right and left hand technique, basic chords and arpeggios. Also some elements of basic music theory will be applied in conjunction with all the techniques mentioned above. Each student will be required to provide his or her own classical guitar (Spanish guitar with nylon strings). Please bring 3-ring binder. Location: Alexander Hughes Center. Instructor: Carlos Atliano.

Ages 8 to Adult Tue 6/2-6/30 5:00 PM-7:00 PM 5 classes $100
Ages 8 to Adult Tue 7/7-7/28 5:00 PM-7:00 PM 4 classes $80
Ages 8 to Adult Tue 8/4-8/25 5:00 PM-7:00 PM 4 classes $80

Groovin Guitar
In this group class you will learn simple melodies and develop basic guitar techniques. The class covers a variety of styles including Folk, Blues, Pop, Rock, and more. At the end of the session, students will know basic chords, basic note-reading skills, and be able to play a number of songs. Registration deadline is 2 days prior to the first day of class. Material Fee: $20. Location: Upland Music Center, 791 E. Foothill Blvd. #H Upland. Instructor: Upland Music Center Staff.

Ages 6 to 11 Wed 6/17-7/15 4:30 PM-5:30 PM 5 classes $60
Ages 12 to Adult Wed 6/17-7/15 5:45 AM-6:45 AM 5 classes $60

Violin & Viola
This special violin course is intended to teach fundamentals such as basic techniques and reading skills for the beginner ensemble. Performance schedule at the end of each session. More information will be provided by the instructor. Location: Alexander Hughes Center. Instructor: Dr. Lubomir Velickovic.

BEGINNING
Ages 8 to Adult Mon 6/15-7/6 9:30 AM-10:30 PM 4 classes $95
Ages 8 to Adult Mon 7/13-8/3 9:30 AM-10:30 PM 4 classes $95
Ages 8 to Adult Mon 8/10-8/31 9:30 AM-10:30 PM 4 classes $95

INTERMEDIATE
Ages 8 to Adult Mon 6/15-7/6 10:30 AM-11:30 PM 4 classes $95
Ages 8 to Adult Mon 7/13-8/3 10:30 AM-11:30 PM 4 classes $95
Ages 8 to Adult Mon 8/10-8/31 10:30 AM-11:30 PM 4 classes $95

ADVANCED
Ages 8 to Adult Mon 6/15-7/6 11:30 AM-12:30 PM 4 classes $95
Ages 8 to Adult Mon 7/13-8/3 11:30 AM-12:30 PM 4 classes $95
Ages 8 to Adult Mon 8/10-8/31 11:30 AM-12:30 PM 4 classes $95

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Recreation Classes

**Special Interest**

**Mad Science**

**Science in Action**
Take a walk on the wild side. Kids will have fun with hands-on experiments that will increase their understanding of our earth and animals! They will learn how animals are camouflaged, go the hunt for scents and tracks, and discover what adversely affects our planet as we explore conservation. Take apart owl pellets to see what birds of prey can digest. **Material Fee:** $30. **Location:** Alexander Hughes Center. **Instructor:** Mad Science Staff.

Ages 5 to 12  
Mon-Fri  6/15-6/19  9:00 AM-12:00 PM  5 classes  $145

**Crazy: Chemworks**
Come and discover what it’s like to be a real scientist and work in a Mad Science Lab. Each day, we will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! Students will explore acids and bases, reveal the secret recipe of slime, examine crystallization, probe through shifting states of matter, and much, much more. **Material Fee:** $30. **Location:** Alexander Hughes Center. **Instructor:** Mad Science Staff.

Ages 5 to 12  
Mon-Fri  6/22-6/26  9:00 AM-12:00 PM  5 classes  $145

**321... Blast Off!**
Aerodynamics and motion are the stars of this fun-filled week! Design and build everything from kites to planes to ROCKETS! Experiment with different propulsion systems as you use your new knowledge to launch, track, and recover all kinds of flying machinery. Have a rocking’ good time at this rocket camp! **Material Fee:** $30. **Location:** Alexander Hughes Center. **Instructor:** Mad Science Staff.

Ages 5 to 12  
Mon-Fri  7/6-7/10  9:00 AM-12:00 PM  5 classes  $145

**Robots 101**
I am a RO-BOT! Join us for a week of FUN with amazing robots! Learn about the uses of robots in our world, and spend time experimenting with super cool robots that can sense sound, follow patterns, and even play soccer! Discover the science of circuitry and how robots use sensors to explore the things around them. All campers will build and take home a brand-new robot! **Material Fee:** $30. **Location:** Alexander Hughes Center. **Instructor:** Mad Science Staff.

Ages 5 to 12  
Mon-Fri  6/3-8/7  9:00 AM-12:00 PM  5 classes  $155

**NASA! Jr. Astronauts**
Children will join our academy of Future Space Explorers as they prepare to explore the galaxy. Participants will build their own model rocket, race a balloon rocket, and then see the real thing - a rocket launch up to 300 ft. in the air! Children will make and take home their own comet, Shuttle Copter, and much more. This NASA camp is out of this world! **Material Fee:** $30. **Location:** Alexander Hughes Center. **Instructor:** Mad Science Staff.

Ages 5 to 12  
Mon-Fri  8/10-8/15  9:00 AM-12:00 PM  5 classes  $145

**Musicstar Media Arts Camp**
MusicStar camp includes a great exploration of the cool world of high-tech media arts, focusing on contemporary music production and the recording arts and sciences, as well as audio visual production and the marriage of picture and sound. Bring your appetite for technology and learn about some of today’s most exciting careers. **Registration deadline is 3 days prior to start of class.** **Location:** Alexander Hughes Center. **Instructor:** Creative Brain Learning Staff.

Ages 9 to 15  
Mon-Fri  6/22-6/26  1:00 PM-4:00 PM  5 classes  $150

**Creative Brain**

**Video Game Design Camp**
You’ve played them, now learn to design and develop them. Students will learn to create and program their own video games, and participants will be able to take them home to play. Computers will be provided for class use. **Material Fee:** $35. **Registration deadline is 3 days prior to start of class.** **Location:** Alexander Hughes Center. **Instructor:** Creative Brain Learning Staff.

Ages 8 to 15  
Mon-Fri  6/22-6/26  9:00 AM-12:00 PM  5 classes  $150
Creative Brain

**My Artworks Cartoon & Anime Camp**

Students explore the art of anime and cartoon drawing while creating their very own characters and stories. **Materials Fee:** $25.  
**Location:** Alexander Hughes Center. **Instructor:** Creative Brain Learning Staff.  
**Ages 8 to 15**  
**Mon-Fri**  
**7/6-7/10**  
**1:00 PM-4:00 PM**  
**5 classes**  
**$150**

Creative Brain

**Scienceworkz Camp**

Creative Brain’s Scienceworkz Camp offers an exciting exploration of the world of science, making stops at: eco-science, alternating energy, aviation, and much more. Discover the fun dynamics of science. Registration deadline is 3 days prior to start of class. **Materials Fee:** $35.  
**Location:** Alexander Hughes Center. **Instructor:** Creative Brain Learning Staff.  
**Ages 8 to 15**  
**Mon-Fri**  
**7/6-7/10**  
**9:00 AM-12:00 PM**  
**5 classes**  
**$150**

Creative Brain

**Spyworkz Science Camp**

Your mission, should you choose to accept, is to learn the science of spying! Creative Brain Learning’s Spyworkz explores science, math, language arts, logical and analytical thinking, creativity, imagination and visual arts. You will have fun sharpening your skills. Registration deadline is 3 days prior to the start of class. **Materials Fee:** $35.  
**Location:** Alexander Hughes Center. **Instructor:** Creative Brain Learning Staff.  
**Ages 8 to 15**  
**Mon-Fri**  
**7/6-7/10**  
**1:00 PM-4:00 PM**  
**5 classes**  
**$150**

Creative Brain

**Filmmaking Camp**

As with any art form, filmmaking is all about story telling. Students will learn about story and character development, script writing and of course, shoot their own productions. Registration deadline is 3 days prior to start of class. **Materials Fee:** $25.  
**Location:** Alexander Hughes Center. **Instructor:** Creative Brain Learning Staff.  
**Ages 8 to 15**  
**Mon-Fri**  
**7/20-7/24**  
**9:00 AM-12:00 PM**  
**5 classes**  
**$150**

Creative Brain

**Robotics Camp**

This camp offers an in-depth exploration of robotics, engineering, creativity, and innovation. Working in teams of students, participants will design robots and program them to perform specific tasks. Registration deadline is 3 days prior to start of class. **Materials Fee:** $35.  
**Location:** Alexander Hughes Center. **Instructor:** Creative Brain Learning Staff.  
**Ages 8 to 15**  
**Mon-Fri**  
**7/20-7/24**  
**1:00 PM-4:00 PM**  
**5 classes**  
**$150**

Creative Brain

**Engineering Camp**

Bring your and engineering talents and build structure roller coasters and much more. Only your imagination is the limit. Working in teams, students will learn about basic physics and engineering principles and learn how to apply them to their prospects. Registration deadline is 3 days prior to start of class. **Materials Fee:** $30  
**Location:** Alexander Hughes Center. **Instructor:** Creative Brain Learning Staff.  
**Ages 8 to 15**  
**Mon-Fri**  
**8/3-8/7**  
**9:00 AM-12:00 PM**  
**5 classes**  
**$150**

Creative Brain

**Stop Motion Animation**

Take animation to the next level by learning how to create exciting three dimensional, stop motion Animation Films. **Materials Fee:** $35.  
**Location:** Alexander Hughes Center. **Instructor:** Creative Brain Learning Staff.  
**Ages 8 to 15**  
**Mon-Fri**  
**8/3-8/7**  
**1:00 PM-4:00 PM**  
**5 classes**  
**$150**

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If you require assistance please call (909) 399-5490 or email hscounterstaff@ci.claremont.ca.us

 Registration Information page 36
Intro to Game Design
Learn how to speak the language of computers! Campers will dive into the exciting world of computer coding through Scratch, developed at MIT. Scratch is a block-based application designed to make it simple for anyone to learn programming. Throughout the camp, coders create projects like an epic space battle game or a choose your own adventure story! The possibilities to create are endless! We’ll also occasionally use other applications like MC Edit (Minecraft-related) based on student interest and aptitude.
Location: Alexander Hughes Center. Instructor: Jake Steedman.
Ages 9 to 14 Mon-Fri 7/20-7/24 9:00 am - 12:00 pm 5 classes $175

Game Design: Minecraft
Why just play Minecraft when you can create Minecraft? In this camp designed for quick learners or those with block-based coding experience, campers will learn how to code in Java by making a mod for Minecraft! This is professional, text-based coding. Create and then craft a sword out of mushy bananas or spawn a flying golden cow! Make the full transition from player to content creator!
Location: Alexander Hughes Center. Instructor: Jake Steedman.
Ages 9 to 14 Mon-Fri 7/20-7/24 1:00 PM-4:00 PM 5 classes $195

Play-well TEKnologies
Robotics with LEGO WeDo
Build and program robots in this introductory robotics class using the LEGO WeDo system. Learn basic programming skills, simple engineering concepts, and the names of robot components. Work in small groups to complete several projects using tilt and motion sensors. This is a great way to prepare young, robot enthusiasts for our more advanced robotics program. Students should supply a small, peanut-free snack.
Location: Alexander Hughes Center. Instructor: Play-Well TEKnologies Staff.
Ages 7 to 9 Mon-Fri 7/13-7/17 9:00 AM-12:00 PM 5 classes $190

Play-well TEKnologies
Robotics with LEGO NXT
Build and program robots using the LEGO Mindstorms system! Learn about mechanical and software design, loops, conditional statements, problem solving, and teamwork skills. Work in small groups, program and build your robot, and rise to the challenge. Projects are structured so that students work in an open-ended, investigative environment while having fun. Students should supply a small peanut-free snack.
Location: Alexander Hughes Center. Instructor: Play-Well TEKnologies Staff.
Ages 9 to 12 Mon-Fri 7/13-7/17 1:00 PM-4:00 PM 5 classes $190

Play-well TEKnologies
Pre-Engineering with LEGO
Let your imagination run wild with over 100,000 pieces of LEGO! Build engineer-designed projects such as boats, bridges, mazes, and motorized cars. Use special pieces to create your own unique designs. Explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor. This is an ideal way to prepare young builders for the challenge of Engineering FUNdamentals.
Location: Alexander Hughes Center. Instructor: Play-well TEKnologies Staff.
Ages 5 to 7 Mon-Fri 8/10-8/14 9:00 AM-12:00 PM 5 classes $185

Play-well TEKnologies
Engineering FUNdamentals with LEGO
Power-up your engineering skills with Play-Well TEKnologies and over 100,000 pieces of LEGO! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.
Location: Alexander Hughes Center. Instructor: Play-well TEKnologies Staff.
Ages 7 to 11 Mon-Fri 8/10-8/14 1:00 PM-4:00 PM 5 classes $185

Fun with Science
Life Cycles
Which came first the chicken or the egg? In this class, children will explore the life cycle of chickens, butterflies, plants, and amphibians through crafts and creating their own life cycle journals.
Materials Fee: $7.
Location: Alexander Hughes Center. Instructor: Fun With Science Staff.
Ages 4.5 to 11 Wed 7/29-7/29 2:00 PM-4:00 PM 1 class $15
Fun with Science

Out of This World

Have a blast with us while we launch rockets, read about space programs, and learn about the cosmos! Hands-on learning will engage children in learning about science, the solar system, and space? The final frontier. Material Fee: $5. Location: Alexander Hughes Center. Instructor: Fun With Science Staff.

Ages 4.5 to 11 Wed 8/5-8/9 2:00 PM-3:30 PM 1 class $15

Fun with Science

Structures & Science Games

Have fun learning about architecture and physics! Students enrolled will learn to make their own structures out of fun and edible materials. While playing games, participants will learn bizarre and interesting facts about science. Come for the fun, leave educated. Material Fee: $3. Location: Alexander Hughes Center. Instructor: Fun With Science Staff.

Ages 4.5 to 12 Wed 8/12-8/16 1:00 PM-3:00 PM 1 class $15

Success through Chess

Enter the exciting world of chess! This camp is designed to bring a challenge to all players, from beginner to expert. To advance through our leveled curriculum, campers learn new tactics progressively: from skewers to endgames and far beyond. Higher level campers will work towards playing chess blindfolded! Our professional chess educators will help everyone achieve “Success Through Chess!” Location: Alexander Hughes Center. Instructor: Jake Steedman.

Ages 5 to 12 Mon-Fri 6/22-6/26 9:00 AM-12:00 PM 5 classes $175

Lango

Mandarin Summer Camp

This camp is a terrific way for kids to learn new languages while enjoying summer time fun. Class is conducted predominantly in Mandarin for total immersion experience. A week or more of Camp Lango is guaranteed to boost your child’s new language ability. Location: Alexander Hughes Center. Instructor: Lango Staff.

Ages 5 to 10 Mon-Fri 6/23-6/27 9:00 AM-12:00 PM 5 classes $170

Lango

Spanish Preschool

Fun and play form the foundation for our Spanish Preschool classes. Within two or three classes, kids ages 3-5 learn key phrases in their new language through simple, repeated songs and chants. Meanwhile, they become familiar with more complex aspects of the language by engaging in “adventures,” art projects and movement-based games that require them to solve simple problems - in their new language, of course! These adventures, starring the Lango Kids, our multicultural cast of characters, take students to other lands and cultures to ensure that their language instruction is combined with cultural exposure. Location: Alexander Hughes Center. Instructor: Lango Staff.

Ages 3 to 5 Wed 6/3-6/7 5:15 PM-6:00 PM 5 classes $85

Lango

Spanish Elementary

Fun and play form the foundation for our Spanish Preschool classes. Within two or three classes, kids ages 3-5 learn key phrases in their new language through simple, repeated songs and chants. Meanwhile, they become familiar with more complex aspects of the language by engaging in “adventures,” art projects and movement-based games that require them to solve simple problems - in their new language, of course! These adventures, starring the Lango Kids, our multicultural cast of characters, take students to other lands and cultures to ensure that their language instruction is combined with cultural exposure. Location: Alexander Hughes Center. Instructor: Lango Staff.

Ages 5 to 10 Wed 6/3-6/7 4:15 PM-5:00 PM 5 classes $85

Lango

Spanish Camp

Camp Lango is a language immersion day camp for kids. Learn a new language while enjoying aspects of Latin culture; music, art, cuisine and recreation. Location: Alexander Hughes Center. Instructor: Lango Staff.

Ages 3 to 10 Mon-Fri 7/6-7/10 9:00 AM-12:00 PM 5 classes $170

Ages 3 to 10 Mon-Fri 7/13-7/17 9:00 AM-12:00 PM 5 classes $170

Ages 3 to 10 Mon-Fri 7/20-7/24 9:00 AM-12:00 PM 5 classes $170

Ages 3 to 10 Mon-Fri 7/27-7/31 9:00 AM-12:00 PM 5 classes $170
**Recreation Classes**

**SPECIAL INTEREST**

**The Imagination Machine Writing Workshop**
This is a 1-week intensive writing workshop. Students will learn basic improve and acting skills, that art of story-telling and most importantly, the way to construct a story with a complete and well-rounded plot. Students will create their own stories throughout the week and then see them performed by professional actors in The Writing Show at the end of the 5 day session. Family and friends are also invited to attend the performance. Registration deadline 3 days prior to the start date of class. **Location:** Alexander Hughes Center. **Instructor:** The Imagination Machine Staff.

- **Ages 6 to 12** Mon-Fri 7/13-7/17 9:00 AM-12:00 PM 5 classes $185
- **Ages 6 to 12** Mon-Fri 8/10-8/14 9:00 AM-12:00 PM 5 classes $185

**Reading Development**
This class is designed for struggling and proficient students to increase confidence and enjoyment in reading. Students will work individually and in small groups using a variety of age appropriate materials. Topics include phonics, comprehension, fluency, vocabulary, and study skills. **Materials Fee:** $10. **Location:** Alexander Hughes Center. **Instructor:** Janice Gelencser.

- **2nd to 4th Grade** Mon 7/13-8/17 1:00 PM-2:30 PM 6 classes $80
- **2nd to 4th Grade** Mon & Thu 7/13-8/20 1:00 PM-2:30 PM 12 classes $130

**Beginning Dog Obedience**
Designed for dogs 4 months or older. All basic obedience exercises will be taught, such as heeling (walking on the leash without pulling or tugging), automatic sit when you come to a stop, teaching your dog to come on command, sit and down, staying a leash length away with distractions, and the stand/sit exercise (good for grooming, bathing, veterinarian checks, and greeting people). All behavior problems will be addressed such as jumping, digging, barking, chewing, and more! First class will meet at the Alexander Hughes Center. No dogs at the first class. **Location:** Alexander Hughes Center. **Instructor:** Live Oak Dog Obedience Staff.

- **Ages 11 to Adult** Mon 7/13-8/24 7:30 PM-8:30 PM 7 classes $135
- **Ages 11 to Adult** Mon 7/13-8/24 6:30 PM-7:30 PM 7 classes $135

**Intermediate Dog Obedience**
Designed for dogs 4 months or older. All basic obedience exercises will be taught, such as heeling (walking on the leash without pulling or tugging), automatic sit when you come to a stop, teaching your dog to come on command, sit and down, staying a leash length away with distractions, and the stand/sit exercise (good for grooming, bathing, veterinarian checks, and greeting people). All behavior problems will be addressed such as jumping, digging, barking, chewing, and more! First class will meet at the Alexander Hughes Center. No dogs at the first class. **Location:** Alexander Hughes Center. **Instructor:** Live Oak Dog Obedience Staff.

- **Ages 11 to Adult** Mon 7/13-8/24 7:30 PM-8:30 PM 7 classes $135

**Rattlesnake Avoidance Dog Training**
Rattlesnake avoidance dog training will teach dogs to avoid rattlesnakes using live, un-caged, muzzled adult and baby rattlesnakes. Learn to recognize each dog’s early warning system. Your pet will receive a safety level grade. Dog behaviorist will be available to answer your specific questions. When registering please share the breed of dog that will attend the training. Same-day registrations welcome. Please register at Alexander Hughes Center. **Location:** Alexander Hughes Center East Grass Area. **Instructor:** Karon Singleton.

- **Adult** Sat 7/27 8:00 AM-2:00 PM 1 class $95

**SPORTS**

**TriFytt Sports**

**Biddy Soccer League**
Your child will have a great time playing soccer and making new friends while learning the benefits of sportsmanship, sharing, and teamwork. The Biddy Ball League is designed to introduce kids to team sports in a fun and exciting environment. Everyone will receive a team shirt and medal. The 1st week will be practice and team assignments with the remainder of the weeks being games. Registration deadline is 2 days prior to start of class. **Location:** Cahuilla Park. **Instructor:** TriFytt Sports Staff.

- **Ages 2 to 3** Sat 6/27-8/22 9:00 AM-9:30 AM 8 classes $95
- **Ages 3 to 5** Sat 6/27-8/22 9:30 AM-10:15 AM 8 classes $95

**TriFytt Sports**

**Basketball**
Here is a great chance for athletes to learn how to play basketball! Through fun and safe games, athletes will have a great time playing the world’s fastest growing sport! We will also teach athletes the benefits of sportsmanship, sharing, and teamwork. Everyone will also be given a T-shirt. Registration deadline 2 days prior to the start date of class. **Location:** Cahuilla Park Basketball Court. **Instructor:** TriFytt Sports Staff.

- **Ages 3 to 4** Sat 6/27-8/22 10:30 AM-11:00 AM 8 classes $95
- **Ages 5 to 7** Sat 6/27-8/22 11:15 AM-12:30 PM 8 classes $95
- **Ages 8 to 12** Sat 6/27-8/22 12:45 PM-1:45 PM 8 classes $95

**DOG PARKS**

**CLAREMONT POOCH PARK**
Located within College Park just south of the Metrolink Tracks on S. College Avenue.

**RANCHO SAN JOSE PARK**
Located on San Jose Avenue.

**Location:**

- **Alexander Hughes Center**
- **Rancho San Jose Park**
- **Cahuilla Park**
- **College Park**

**Summer 2015**
**Kidz Love Soccer**

Registration deadline 2 days prior to the start date of class. **Location:** Grass Area Behind Alexander Hughes Center. **Instructor:** Kidz Love Soccer Staff.

**PARENT & ME SOCCER**
Introduce your toddler to the world’s most popular game! As you and your child participate in our fun age-appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Parent & Me Soccer, parents are part of the action, not watching from the sidelines!

- **Ages 2 to 3**
  - Tue 6/18-7/16
  - 6:00 PM-6:30 PM
  - 5 classes $70
- **Ages 2 to 3**
  - Thu 7/30-8/27
  - 6:00 PM-6:30 PM
  - 5 classes $70

**TOT SOCCER**
Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting.

- **Ages 3.5 to 5**
  - Wed 6/18-7/16
  - 5:15 PM-5:50 PM
  - 5 classes $70
- **Ages 3.5 to 5**
  - Thu 7/30-8/27
  - 5:15 PM-5:50 PM
  - 5 classes $70

**SOCCER 1**
Players will learn dribbling, passing, receiving, shooting, defense, etc. Fun, skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Students should supply shin guards and water.

- **Ages 5 to 6**
  - Thu 6/18-7/16
  - 4:30 PM-5:15 PM
  - 5 classes $70
- **Ages 5 to 6**
  - Thu 7/30-8/27
  - 4:30 PM-5:15 PM
  - 5 classes $70

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**TriFytt Sports**

**Tee Ball**
This class is designed to teach children basic baseball skills while allowing them to be active and healthy. Every child will also be given a shirt. Registration deadline 4 days prior to the start date of class. **Location:** Memorial Park. **Instructor:** TriFytt Sports Staff.

- **Ages 2 to 3**
  - Sat 6/13-7/16
  - 9:00 AM-9:50 AM
  - 5 classes $50
- **Ages 2 to 3**
  - Thu 6/11-7/29
  - 10:30 AM-11:20 AM
  - 8 classes $120

**Tee Ball TriFytt Saturday**
A fun and safe environment for children to learn the basics of one of their favorite sports! Registration deadline 3 days prior to the start date of class. **Location:** Memorial Park. **Instructor:** TriFytt Sports Staff.

- **Ages 3 to 4**
  - Sat 6/13-7/16
  - 9:00 AM-9:50 AM
  - 5 classes $50
- **Ages 3 to 4**
  - Sat 6/13-7/16
  - 10:00 AM-10:45 AM
  - 4 classes $50

**Kidz Love Soccer**

**Tee Ball**
This class is designed to teach children basic baseball skills while allowing them to be active and healthy. Every child will also be given a shirt. Registration deadline 4 days prior to the start date of class. **Location:** Memorial Park. **Instructor:** TriFytt Sports Staff.

- **Ages 2 to 3**
  - Sat 6/13-7/16
  - 9:00 AM-9:50 AM
  - 7 classes $105
- **Ages 2 to 3**
  - Thu 6/11-7/29
  - 10:30 AM-11:20 AM
  - 8 classes $120

**TOT SOCCER**
Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting.

- **Ages 3.5 to 5**
  - Wed 6/18-7/16
  - 5:15 PM-5:50 PM
  - 5 classes $70
- **Ages 3.5 to 5**
  - Thu 7/30-8/27
  - 5:15 PM-5:50 PM
  - 5 classes $70

**SOCCER 1**
Players will learn dribbling, passing, receiving, shooting, defense, etc. Fun, skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Students should supply shin guards and water.

- **Ages 5 to 6**
  - Thu 6/18-7/16
  - 4:30 PM-5:15 PM
  - 5 classes $70
- **Ages 5 to 6**
  - Thu 7/30-8/27
  - 4:30 PM-5:15 PM
  - 5 classes $70

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**TriFytt Sports**

**Soccer Summer Camp**
Beat the heat this summer at the Upland Sports Arena’s Lil’ Kickers’ Summer Camp. Join us for fun games, bounce house, crafts, snacks, and experience the fun and imagination of our Lil’ Kickers’ classes. **Location:** Upland Sports Arena, 1721 W. 11th St, Upland. **Instructor:** TriFytt Sports Staff.

- **Ages 3 to 7**
  - Mon-Wed 6/22-6/25
  - 9:00 AM-1:00 PM
  - 4 classes $140
- **Ages 3 to 7**
  - Mon-Wed 7/20-7/22
  - 9:00 AM-2:00 PM
  - 4 classes $140

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**Kidz Love Soccer**

This non-competitive, introductory soccer program for children provides a fun and safe environment where children can develop physically, emotionally, socially, and technically through the game of soccer. Our child-centered approach to sports development means children can challenge themselves and grow. **Material Fee:** The $25 material fee is due on the first day of class and must be paid directly to the Arena for an annual membership. No Class July 4th. **Location:** Upland Sports Arena, 1721 W. 11th St, Upland. **Instructor:** TriFytt Sports Staff.

**BUNNIES**
- **Ages 1.5 to 2**
  - Tue 6/9-7/28
  - 9:30 AM-10:20 AM
  - 8 classes $120
- **Ages 1.5 to 2**
  - Thu 6/11-7/30
  - 10:30 AM-11:20 AM
  - 8 classes $120

**THUMPERS**
- **Ages 2-3**
  - Tue 6/9-7/28
  - 10:30 AM-11:20 AM
  - 8 classes $120
- **Ages 2-3**
  - Sat 6/13-8/1
  - 11:00 AM-11:50 AM
  - 7 classes $105

**COTTONTAILS**
- **Ages 2.5-3.5**
  - Tue 6/9-7/28
  - 11:30 AM-12:20 PM
  - 8 classes $120
- **Ages 2.5-3.5**
  - Sat 6/13-8/1
  - 11:00 AM-11:50 AM
  - 7 classes $105

**HOPPERS**
- **Ages 3-4**
  - Tue 6/9-7/28
  - 11:30 AM-12:20 PM
  - 8 classes $120
- **Ages 3-4**
  - Thu 6/11-7/30
  - 11:30 AM-12:20 PM
  - 8 classes $120

**JACKRABBITS**
- **Ages 3-4**
  - Tue 6/9-7/28
  - 11:30 AM-12:20 PM
  - 8 classes $120
- **Ages 3-4**
  - Thu 6/11-7/30
  - 11:30 AM-12:20 PM
  - 8 classes $120

**MICRO A**
- **Ages 4 to 5**
  - Tue 6/9-7/28
  - 10:30 AM-11:20 AM
  - 8 classes $120
- **Ages 4 to 5**
  - Thu 6/11-7/30
  - 10:30 AM-11:20 AM
  - 8 classes $120

**MICRO B**
- **Ages 6.5 to 7**
  - Mon-Wed 6/22-6/25
  - 9:00 AM-1:00 PM
  - 4 classes $140
- **Ages 6.5 to 7**
  - Mon-Wed 7/20-7/22
  - 9:00 AM-2:00 PM
  - 4 classes $140
## Recreation Classes

### SPORTS

### Ice Skating
Learn to skate across the ice forwards and backwards, stop, Turn, and more! Skate rentals and public skating included. All instructors are U.S. Figure skating certified. Please arrive 20 minutes early and dress warmly. No class July 4th. **Location:** Center Ice Arena, 201 S. Plum Ave., Ontario. **Instructor:** Center Ice Arena Staff.

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### Tennis Anyone

#### Junior Tennis Academy Beginner
**Fun, Fitness, and Friendships for a lifetime through tennis!** The focus of Junior Tennis Academy Beginners is on learning the major 4 strokes of the game in a fun filled, fitness friendly atmosphere. Students will work to establish form on the forehand, backhand, volley, and serve. There are 3 mastery levels in this group that students will be tested on for progress. Students will absolutely love playing drills like: King of the Tennis Hill, Tennis Baseball, and Tennis Line Tag. Beginners over the age of 13 should start in the Junior Tennis Academy-Intermediate to Advanced. Students supply own racket and 1 unopened can of tennis balls on the first day of class. $10 off for additional family members. **Location:** Cahuilla Park Tennis Courts. **Instructor:** Tennis Anyone Staff.

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#### Junior Tennis Academy Intermediate/Advanced
**Fun, Fitness, and Friendships for a lifetime through tennis!** This academy is for students that have either attained all 3 mastery levels in the Beginning Academy or are coming in with proper form on the major tennis strokes. The focus of this group is on building stroke dependability so that students are able to rally with proper form. This is a high energy, dynamic, fitness challenging, tennis program designed to bring students to a level where they have the tools to start playing matches. Beginning players ages 14 or older should start in this group. Students supply own racket and 1 unopened can of tennis balls on the first day of class. $10 off for additional family members. **Location:** Cahuilla Park Tennis Courts. **Instructor:** Tennis Anyone Staff.

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#### Junior Tennis Academy Pee Wee
Is your young child tired of watching the big kids have all the tennis fun? This clinic is the perfect tennis intro. Students will learn the basics of the forehand, backhand, volley, and serve, in a coordination building, fitness friendly, and fun atmosphere. Your child will love joining in the fun playing tennis games like Popcorn Machine, Walk the Tennis Dog, and Alley Ralley. Students need to bring their own racket and 1 unopened can of tennis balls on the first day of class. $10 off for additional family members. **Location:** Cahuilla Park Tennis Courts. **Instructor:** Tennis Anyone Staff.

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Tennis Anyone

Famous Summer Tennis Camp

Fun, Fitness, and Friendships for a lifetime through tennis! Come join us for our famous annual Junior Summer Camps. From our amazing on court games and drills, to our hit for prizes, training to music hour, and creative ball decorating contests, we have it all. Students are grouped with players of their own ability and are taught level appropriate skills to take their game to a new level. By the end of camp everyone learns how to play a set.

Location: Cahuilla Park Tennis Courts. Instructor: Tennis Anyone Staff.

Ages 7 to 17  Mon- Thu  6/15-6/18  8:30 AM-11:30 AM  4 classes  $100
Ages 7 to 17  Mon- Thu  6/22-6/25  8:30 AM-11:30 AM  4 classes  $100

 Includes 10 games, round robin pool cup playoffs, game ball, awards for first place, and referee. For league information and to register, please visit the Claremont Adult Soccer League at www.caslssoccer.net or call (626) 825-6777.

Locations: Griffith Park, 1800 Woodbend Drive
Lewis Park, 881 Syracuse Drive
Fee: $1260 per team

MEN’S & CO-ED ADULT SLO-PITCH SOFTBALL

Includes 10 games, playoffs (for those that qualify), game balls, team and individual statistics, and awards for first place. Umpire fee is $18 per team per game. For league information and to register, please contact Major League Softball at (800) 913-7889 ext. 3 or visit www.mlsoftball.com.

Location: Cahuilla Park, 1717 North Indian Hill Blvd.
Fee: $350 per team
Co-Ed: Thursday and Friday evenings, Sunday afternoons
Men’s: Wednesday and Friday evenings, Sunday afternoons

Door-to-Door E-Waste Collection

Offered in partnership with Greenway Solid Waste & Recycling

To schedule a pickup, please call
(909) 518-7943

CLAREMONT
SPORTS LEAGUES

ADULT CO-ED SOCCER LEAGUE

TRAiL ETIQUETTE & SAFETY TIPS

◆ A friendly “hello!” not only announces you to other trail users but creates a polite and friendly atmosphere.

◆ Share the trails and respect others. Stay to the right, pass on the left, and fold in when with a group.

◆ Stay on path and watch children to protect natural vegetation and habitat.

◆ Make sure horses have the temperament and training for riding on public trails.

◆ Announce yourself with your voice when passing from behind.

◆ Take out what you bring in. Properly dispose of dog/horse waste and trash items.

◆ Cyclists reduce your speed when passing, in crowds, and in intersections.

◆ Show respect for wildlife and neighbors; you’re traveling by their home.

◆ Keep headphone volume low enough to hear what’s happening around you.

◆ Wear proper trail attire and pack enough sunblock, snacks, and water for your journey.

◆ When walking with dogs use a short leash, display license tags, and carry water.

◆ Teach etiquette and safety to friends and children new to the trails.

See a map of Claremont trails on page 26

Registration Information page 36 www.claremontrec.com  •  (909) 399-5490
Youth Programs

Youth Scene
What's Happening at TAC & YAC...

1 Regular hours beginning August 26th, the YAC and TAC will be open after school from 2-6 p.m. 2 Back to School Taco Truck is an annual event hosted at the YAC, welcoming the students back to school after summer vacation. 3 Get involved this fall and connect with your peers in G.U.R.L.S. Group, Brotherhood and the Volunteer Programs, offered at the YAC and TAC.

“Our Youth, Our Future!”

Free After School Program for Claremont Youth Grades 7-8

TRACKS ACTIVITY CENTER
located on the El Roble Middle School Campus, adjacent to the gymnasium

665 N. Mountain Ave.

Information Line: (909) 399-5378
TAC Parent/Student Phone: (909) 399-5373
FREE Drop-in Program:
M, T, Th, F • 2:15-6pm
Wednesdays • 1:25-6pm
(Hours may vary for special events)
Snack Bar Hours: Mon-Fri
After school-5pm
Closed: Closed for Summer
Opening for Fall/Back to School Aug 26th
Membership form and parent waiver required.

Free After School Program for Claremont Youth Grades 9-12

YOUTH ACTIVITY CENTER
located adjacent to Claremont High School

1717 N. Indian Hill Blvd.

Information Line: (909) 399-5360
FREE Drop-in Program:
Mon-Fri • 2-6pm
(Hours may vary for special events and minimum days)
Snack Bar Hours: Mon-Fri • 2-5pm
Closed: Closed for Summer
Opening for Fall/Back to School Aug 26th
Membership form and parent waiver required.
Daily Activities

- Film Festival & Art Projects .......... Mondays 2-6 PM
- Gaming Tournaments .................. Tuesdays 3:15 PM
- Tutoring (YAC) ....................... Tuesday & Thursday 3:15 PM
  presented by Claremont Tutors
- G.U.R.L.S. Group ..................... 2nd & 4th Tuesday 3:15 PM
- Baking Workshop (YAC) .............. 1st Wednesday 3:15 PM
- Volunteer Meeting ................... 1st Wednesday 3:15 PM
- Cooking Workshop ................... 2nd Wednesday 3:15 PM
- Teen Committee Meeting (YAC) ..... 3rd Wednesday 3:15 PM
- Personal Growth Workshop .......... 4th Wednesday 3:15 PM
- Ping Pong or Pool Tournament ...... Thursdays 3:15 PM
- Sports Tournaments ................. Fridays 3:15 PM

YAC & TAC will return in the Fall on August 26th
(First day of School) with New and Exciting Activities,
Educational Workshops, Free Tutoring and much more!
For more information please call 909-399-5490.

The Claremont Teen Committee is a council of local youth sponsored
by the City of Claremont. It is comprised of students from Claremont
High School, San Antonio High School, El Roble Intermediate School
and other local youth. The mission is to represent the needs of
Claremont youth by adding a youth voice to Claremont politics and
accomplishing goals that help support teens in our community.

Every Third Wednesday 3:15 pm • September - May
Youth Activity Center (YAC) • 1717 N. Indian Hill Blvd.

ABC’s For Me Preschool
& Tiny Tots Program

Full and half day program for 2-5 years

Join us for a fun and exciting summer camp with special activities and trips.
We will embrace our regular curriculum that encourages hand-on learning and
positive reinforcement for verbal young minds. We will also have sign ups for our Boost
Summer Camp for kids going into kindergarten,
which provide a leg up for the fall semester. Come
and have summer fun with us!

1700 Danbury Rd., Claremont CA 91711 • (909) 971-3238 • www.abcformepreschool.com

www.claremontrec.com • (909) 399-5490

As Low As $150 MONTH
Call for Details

License #198015976
NAEYC Accredited

NEW ACADEMIC CAMP
For kids entering TK or entering kindergarten.

SESSION 1        SESSION 2
July 1-31         August 3-25
8:30 AM - 12:30 PM
Senior Programs

Senior Scene

What’s Happening at Joslyn & Blaisdell...

1 **Get Ready for Adventure!** Summer and Fall excursions feature include a number of great destinations including the 4th of July Spectacular at the Hollywood Bowl, Pageant of the Masters, and Getty Villa. Book today! Trips sell out quickly.

2 **College Auditing** returns in the fall with the Claremont Avenues for Lifelong Learning (CALL) Program granting Seniors (60+) the opportunity to attend classes through the Claremont Colleges at no cost. Sign up for Senior Clicks at www.claremontseniors.org to be the first to receive notification when these courses become available.

3 **Blood Sugar Screening** – Get your blood sugar screened on the first Tuesday of each month at the Joslyn Center. This free service is offered from 10:30 a.m. – 11:30 a.m. by Leisure Living of Claremont.

4 **Get Connected!** Make new friends and explore your interests through daily activities and social groups. ♦

---

1  g et Ready for Adventure!
2  College Auditing
3  Blood Sugar Screening
4  g et Connected!
**Summer Highlights**

**Summer Luau Dinner & Dance**
Join us for a summer Hawaiian Luau dinner, hula dance contest, and live entertainment. Wear tropical attire. Pre-registration required; space is limited. Sponsored by Inter Valley Health Plan.

*Location*: Joslyn Center.

*Ages 55+*  
*Wed 8/12 5:00 PM-7:00 PM*  
*1 day $5*

**Coffee Talk**  
**FREE**
FREE interactive discussions on a variety of topics of interest to seniors and their families. Reservations are required. Call for a full program description. *Location*: Joslyn Center.

- **Conquering Isolation**  
  *Tue*  
  *Jun 2*  
  *10 AM*
- **Shingles Prevention and Management**  
  *Tue*  
  *Jun 16*  
  *10 AM*
- **Wonders of California Native Plants**  
  *Tue*  
  *Jul 14*  
  *10 AM*
- **Backyard Birds of Claremont**  
  *Tue*  
  *Jul 21*  
  *10 AM*
- **Hearing Healthcare**  
  *Tue*  
  *Aug 11*  
  *10 AM*
- **Celebrating Life-Changing Moments**  
  *Tue*  
  *Aug 18*  
  *10 AM*

**Volunteer Opportunities**
Give back to the community you love! The Claremont Senior Program is actively seeking volunteers, ages 16+, to assist with a wide range of activities, services, and programs offered at Joslyn and Blaisdell. Volunteer opportunities are also available within the greater community through the Community Senior Services RSVP Program by calling (909) 621-9900.

**Weekly Activities**
All social groups meet at the Joslyn Center, unless otherwise indicated.

- **Art Group**  
  *Fri*  
  *9 AM*
- **Bingo**  
  *Wed*  
  *12:30 PM*
- **Bingo#**  
  *Fri*  
  *12:30 PM*
- **Book Group**  
  *3rd Mon*  
  *2 PM*
- **Bridge**  
  *Tue*  
  *1:30 PM*
- **Bridge#**  
  *Tue*  
  *1:30 PM*
- **Card Making**  
  *Tue*  
  *1:30 PM*
- **Chess Club**  
  *Wed*  
  *1 PM*
- **Current Events**  
  *Thu*  
  *10 AM*
- **Duplicate Bridge**  
  *Thu*  
  *1 PM*
- **Folk Dance**  
  *Fri*  
  *1:30 PM*
- **Knitting Group**  
  *Thu*  
  *12 PM*
- **Mahjong**  
  *Mon*  
  *9 AM*
- **Mahjong**  
  *Fri*  
  *1 PM*
- **Movie Matinee**  
  *1st & 3rd Mon*  
  *12:30 PM*
- **Movie Matinee#**  
  *2nd & 4th Fri*  
  *12:30 PM*
- **Needle Art**  
  *Mon*  
  *9 AM*
- **Pinochle**  
  *Tue*  
  *12 PM*
- **Poetry**  
  *Fri*  
  *3 PM*
- **Poetry N Such**  
  *Last Wed*  
  *1 PM*
- **Shakespeare Speakers**  
  *2nd Mon*  
  *1:45 PM*
- **Writing Group**  
  *Wed*  
  *9 AM*

*Activity meets at Blaisdell*  
*Materials Fee*  
*Wait List Only*

Register by visiting www.claremontrec.com or calling (909) 399-5488
Senior Programs

GET ACTIVE

Drop-in Exercise Groups
Have fun and get fit with these ongoing exercise classes built to accommodate your busy schedule.

ACTIVE ADULT CHAIR EXERCISE
Ages 55+  MWF  Ongoing  9:35 AM-10:35 AM  Free  Hughes

ARTHITIS FOUNDATION EXERCISE PROGRAM
Ages 55+  Mon  Ongoing  11:00 AM-12:00 PM  $2  Joslyn
Ages 55+  Tue  Ongoing  10:00 AM-11:00 AM  $2  Joslyn
Ages 55+  Thu  Ongoing  11:00 AM-12:00 PM  $2  Blaisdell

CHAIR BALLET
Ages 55+  Thu  6/4-7/16  10:30 AM-11:15 AM  Free  Joslyn

EASY DANCE AEROBICS
Ages 55+  Wed  Ongoing  10:30 AM-11:30 AM  $5  Joslyn
Ages 55+  Fri  Ongoing  10:30 AM-11:30 AM  $5  Hughes

EASY YOGA
Ages 55+  Mon  Ongoing  3:00 PM-4:00 PM  $5  Joslyn
Ages 55+  Thu  Ongoing  9:50 AM-10:50 AM  $5  Joslyn

PÉTANQUE
Adult  Sun  Ongoing  1:00 PM  Free  June Vail Park

PILATES - BEGINNING
Ages 55+  Mon & Wed  6/15-8/19  1:30 PM-2:30 PM  10 weeks $30

PILATES - INTERMEDIATE
Ages 55+  Mon  9:45 AM-10:45 AM  Free  Joslyn

SILVER SNEAKERS: STRENGTH AND BALANCE
Age 55+  Tue/Thu  Ongoing  8:30 AM-9:30 AM  $3/Free*

TAI CHI
Ages 55+  Wed  Ongoing  1:00 PM-2:00 PM  Free  Blaisdell

WALKING GROUP - THOMPSON CREEK TRAILHEAD
Ages 55+  Thu  Ongoing  8:00 AM-9:00 AM  Free

WALKING GROUP - VILLAGE AREA (YALE & BONITA)
Ages 55+  Tue  Ongoing  8:00 AM-9:00 AM  Free

Fall Proof: Balance & Mobility Class
It is proven that as we age we lose flexibility, agility, and balance. This loss can cause an increased risk of falls and injury. This hands-on class offers the opportunity to learn skills and tips essential to fall prevention and an improved sense of balance, which have been proven to save lives and promote safe independence as one enters their later years. This 10-week program was developed by the Center for Successful Aging at Cal State Fullerton. Sponsors Park Bixby Towers, Inc. Location: Joslyn Center.

BEGINNING
Ages 55+  Mon & Wed  6/15-8/19  1:30 PM-2:30 PM  10 weeks $30

ADVANCED
Ages 55+  Wed  6/17-8/19  3:00 PM-4:00 PM  10 weeks $15

Senior Bicycle Group
Various rides and social outings are scheduled throughout the week. Monthly meetings are held the 3rd Monday of each month at the Joslyn Center at 4:00 pm. For more information please visit www.claremontseniorbikegroup.org.

AARP Smart Driver
This classroom-based defensive driving course is designed for persons 55 and older who are seeking to sharpen their driving skills. After eight hours of instruction, a DMV certificate will be issued entitling participants to a discount on their automobile insurance. A one-day renewal course is available for those who previously completed the full two-day course. *Fee: $15 (AARP members). Location: Hughes Center.

TWO-DAY SMART DRIVER
Ages 55+  Wed & Thu  8/19-8/20  8:30 AM-12:30 PM  2 classes $20*

ONE-DAY RENEWAL
Ages 55+  Wed  6/17  8:30 AM-12:30 PM  1 class $20*

Claremont Adult School
For information or to register for Claremont Adult School classes visit www.cusd.claremont.edu/cas.

Get About
Door-to-door transportation for seniors and disabled persons within the cities of Claremont, La Verne, Pomona, and San Dimas. To register for Get About, call (909) 621-9900, or to schedule a ride, call (909) 596-5964.

Claremont Dial-A-Ride
A shared ride cab service for seniors is available 24-hours a day within Claremont. To register for Claremont Dial-A-Ride, call (909) 621-9900 or to schedule a ride call (909) 623-0183.

Community Connections Volunteer Driver Program
Door-to-door assisted transportation for seniors and individuals with disabilities. Program provides mileage reimbursement for volunteer drivers. For information, call (909) 621-9900.

Register by visiting www.claremontrec.com or calling (909) 399-5488
Bowers Museum
Travel to Santa Ana for a guided tour of the Bowers Museum’s special 1968 exhibit, which examines the social forces that swirled through the turbulent 1960’s and crested in 1968. It was a turning point for a generation coming of age and a nation at war. After the tour, we will have time on our own to explore the museum’s permanent collection, which includes over 120,000 works of art representing many regions and cultures of the world. A light snack will be included, though guests are welcome to bring their own lunch or dine at the museum if they wish.

Ages 50+  Thu  6/18  8:30 AM-1:30 PM  $20

4th of July Spectacular at the Hollywood Bowl
Spend the evening at the legendary Hollywood Bowl for their 4th of July Spectacular featuring Smokey Robinson. Bring a picnic or purchase food from the Bowl’s concession area. After the performance, celebrate our nation with a brilliant fireworks show.

Ages 50+  Thu  7/2  5:00 PM-12:00 AM  $69

Pageant of the Masters
Witness a 90-minute stage show of “living pictures” – incredibly faithful art re-creations of classic and contemporary works with real people posing to look exactly like their counterparts in the original pieces. This year’s theme, “The Pursuit of Happiness,” takes the audience on a sentimental journey through depictions of pastimes and activities that gave people joy long before the instant gratification of the computer age. Package includes show ticket and admission to the Festival of Arts.

Ages 50+  Thu  8/13  3:00 PM-12:00 AM  $59

Getty Villa
Visit the ancient world of Greece and Rome in Pacific Palisades! The Getty Villa houses the J. Paul Getty Museum’s collection of approximately 44,000 Greek, Roman, and Etruscan antiquities. Join one of the hourly tours or savor the art, architecture, and gardens at your own pace.

Ages 50+  Wed  9/16  9:00 AM-5:00 PM  $15

Museum of Tolerance
Experience this educational center dedicated to challenging visitors to understand the Holocaust in both historic and contemporary contexts and to confront prejudice and discrimination in our world. We’ll begin with a buffet lunch at Factor’s Famous Deli and then arrive at the museum for a 3-hour guided tour. Collections include the Holocaust exhibit, featuring artifacts from Auschwitz, and the “Tolerancenter” which educates attendees about human rights violations going on in the world today, and provokes thoughts and actions to help prevent them.

Ages 50+  Thu  10/8  10:00 AM-6:30 PM  $45

L.A. Chocolate Tour
Explore some of L.A.’s favorite hot spots and hidden chocolate treasures! Our journey will include stops to a Mexican coffeehouse for authentic Mexican hot chocolate and churros, a visit to a Ukrainian chocolate maker, and a monastery where the Sisters make handmade chocolates. Lunch at Tam O’Shanter is included.

Ages 50+  Thu  11/5  8:00 AM-5:00 PM  $65

Holiday at the Hotel Del Coronado
Enjoy ocean views from the train as we head south to San Diego for the day. Our bus will meet us at the San Diego depot, and we’ll drive across the Coronado Bridge to Coronado. We’ll have time for lunch on our own before a guided walking tour of the Hotel Del Coronado. The Del has been celebrating the holidays in grand tradition since 1888, and transforms into a holiday wonderland with beachfront ice skating and festive décor, including thousands of white lights adorning the historic Victorian building.

Ages 50+  Tue  12/15  7:30 AM-7:45 PM  $55

Register by visiting www.claremontrec.com or calling (909) 399-5488
Community Resources

Resource and Referral Service

The City of Claremont Human Services Department offers the following resources and referral information for residents of all ages at the Joslyn Center:

✔ Social Services Provided at Joslyn Monday - Thursday, 9am - 2pm
✔ Information and Referral
✔ Family and Senior Emergency Fund Assistance
✔ Support Groups
✔ Transportation Services for Seniors
✔ Senior Lunch Program
✔ Medicare Counseling Program
✔ LA County Food Bank Distribution
✔ Volunteer Opportunities

Joslyn Center • 660 North Mountain Avenue
Phone (909) 399-5488 • Fax (909) 621-7320
www.claremontseniors.org

Hours of Operation:
Monday – Friday • 8:00am – 5:00pm

Tri-City Mental Health

Community Connections
Enrichment Center
Adult Day Program
Family Caregiver Support Program
RSVP Volunteer Program
Get About Transportation

REAL Connections
Senior Companions
Senior Help Line
Senior Resource Directory
Valley News

For more information call (909) 621-9900
www.CommunitySeniorServices.org

Inland Valley Hope Partners
Family Stabilization Program and Food Pantry

Tuesday
12:30-4:30pm

Thursday
12:30-4:30pm

Call (909) 622-3806 #401 or (909) 399-5488
for more information or to leave a message

Tri-City Mental Health

Community Navigator
Field Capable Services for Older Adults

Wellness Center
Supplemental Crisis Service

For more information or for an appointment, please call (909) 623-6131

Oak Park Cemetery

Oak Park Cemetery features park-like grounds and a mature oak and sycamore canopy, providing a serene and picturesque resting place to honor departed loved ones. Oak Park welcomes all faiths and offers a number of affordable burial options, including companion burials and a new columbarium for cremated remains. Please contact our friendly staff to schedule a tour. Appointments and walk-ins are welcome.

OAK PARK CEMETERY
Established 1897

410 Sycamore Avenue
Monday - Friday • 8:00 AM - 12:00 PM

For more information, please call (909) 399-5487 or visit www.claremontca.org
Community Contact Information

CITY OF CLAREMONT
Alexander Hughes
Community Center ............ (909) 399-5490
Blaisdell Center ............. (909) 399-5367
Building .................... (909) 399-5470
Citizen Facilitator ........... (909) 240-6628
City Hall .................... (909) 399-5460
City Yard .................... (909) 399-5431
COHR Community Response Team (909) 399-5333
Economic Development ....... (909) 399-5341
Engineering ................ (909) 399-5465
Graffiti Abatement Line .... (909) 445-7825
Joslyn Senior Center ......... (909) 399-5488
Planning .................... (909) 399-5450
Police Dept. (non-emergency) (909) 399-5470
TRACKS Activity Center .... (909) 399-5378
Youth Activity Center ....... (909) 399-5360
CLAREMONT COLLEGES .... (909) 621-8000

CLAREMONT SERVICES
Golden State Water (Water) ..... 1-800-999-4033
So CA Edison (Electric) ....... 1-800-655-4555
So CA Gas (Gas Company) .... 1-800-427-2200
Time Warner Cable (Cable TV) . 1-888-255-5789
Verizon (Phone Services) ...... 1-800-483-4000

CLAREMONT UNIFIED SCHOOL DISTRICT
Chaparral Elementary School .... (909) 398-0305
Claremont Adult School ....... (909) 624-6402
Claremont High School ....... (909) 624-9053
Condit Elementary School .... (909) 398-0300
Educational & Services ........ (909) 398-0609
El Roble Intermediate School .. (909) 398-0343
Mountain View Elementary School (909) 398-0306
Oakland Elementary School ... (909) 398-0313
San Antonio High School ...... (909) 398-0316
Student Services .......... .. (909) 398-0609
Sumner/Danbury Elementary School (909) 398-0320
Sycamore Elementary School .. (909) 398-0324
Vista Elementary School ...... (909) 398-0331

COMMUNITY ORGANIZATIONS
American Legion .............. (909) 214-0111
Boy Scouts ................ (909) 983-4534
Claremont Chamber of Commerce (909) 624-1681
Claremont Community Foundation (909) 398-1060
Claremont Heritage ........ (909) 621-0848
Claremont Meals on Wheels .. (909) 621-4018
Girl Scouts ................ (909) 399-0608
Humane Society (Inland Valley) . (909) 623-9777

FAMILY RESOURCE & REFERRAL
Community Senior Services .... (909) 621-9900
NAMI ........................ (909) 909-0305
Senior & Family Emergency Fund (909) 399-5488
Senior Help Line ............. (909) 625-4600
Tri-City Mental Health ....... (909) 623-6131
Youth Scholarship Program .... (909) 399-5490

TRANSPORTATION SERVICES
Dial-A-Ride Cab ................ (909) 623-0183
Get About .................. (909) 596-5964

YOUTH SPORTS ORGANIZATIONS
American Youth Soccer Organization (AYSO)
www.claremontayso.org
Foothill Storm Soccer
www.foothillstorm.com
Girls Fastpitch
www.leaguelineup.com/cysainfo
Junior All American Football
www.leaguelineup.com/claremontwolfpack
Little League & T-Ball
www.claremontlittleleague.com
Mt. Baldy Aquatics
www.mtbaldyaquatics.org
Stars Soccer Club
www.cstars.cornerkicksystems.com
Youth Basketball
www.claremontyouthbasketball.com
Youth Volleyball
claremont.youthvolleyball.com

CLAREMONT LIBRARY
208 North Harvard Avenue
(909) 621-4902 • www.colapublib.org
Monday-Tuesday 1-8 pm
Wednesday - Thursday 11 am-8 pm
Friday & Saturday 10 am-5 pm
Sunday 1-5 pm

Picnic Area Guidelines

Claremont is home to dozens of parks offering lush green belts, walking paths, play structures, and sports fields. Many residents enjoy using group picnic areas for family gatherings, birthdays, and celebrations. If you are thinking about using a group picnic area, here are a few things to keep in mind:

- Reservations are for picnic areas only
- Reservation requests must be received no later than 7 days prior to your use
- Park and restrooms are open from 6am to 10pm daily
- Permits are required for all groups of 50 or more but are suggested for all use
- Reservations made by residents for less than 50 people are free
- Reservations can be made at the Alexander Hughes Community Center during normal business hours

For more information or to reserve a picnic area, please contact the Alexander Hughes Community Center at (909) 399-5490 or hscounterstaff@ci.claremont.ca.us
Many classes have limited enrollment, and are subject to closure after reaching a maximum registration.

While every attempt is made to adhere to the dates, times and locations listed in the recreation brochure, all classes are subject to change or cancellation if minimum class enrollment is not attained.

The City reserves the right to cancel classes if enrollment does not meet the required minimum number of students.

Refund and transfer requests must be received at least 72 hours prior to the second class or within 24 hours after the first class if the class meets more than once per week. One and two day workshop refund and transfer requests must be received 72 hours prior to the first class meeting.

A $5 handling fee will be charged, per class, for the processing of requests for refunds or transfers.

If the refund amount is $5 or less, a credit will be applied to your customer account at the Hughes Center.

$8 registration fee included with most classes is non-refundable.

All refunds will be mailed within 4-6 weeks.

All refund and transfer requests must be made by contacting the Alexander Hughes Community Center office at (909) 399-5490. Online refunds and transfers are not available.
Famous Summer Tennis Camp

Day Camps at Cahuilla Park for Ages 7-17 Start on June 15

Fun, Fitness, and Friendship for a lifetime through tennis!
**Summertime in Claremont**

**The Happy Crowd**

Children's Concert

Wednesday, June 17

6:30-7:30pm

Memorial Park • 840 N. Indian Hill Blvd.

Join the Claremont Human Services Department and the Kiwanis Club of Claremont for a Children's Concert. For more information, please call (909) 399-5490.

**Monday Night Concerts**

7:00 pm

**Memorial Park**

840 N. Indian Hill Blvd.

Come early to stake out a spot on the lawn! Don't forget to bring a blanket and/or low lawn chair. The Kiwanis Club will be offering a variety of concessions each night.

**MOVIES IN THE PARK**

Hosted by Claremont Police Department

Movies will start at dusk. For more information, please call (909) 399-5411.

**DATE** | **MOVIE** | **LOCATION**
--- | --- | ---
July 7 | Book of Life | Wheeler Park
July 14 | Night at the Museum - Secret of the Tomb | Lewis Park
July 16 | Paddington | Blaisdell Park
July 21 | Boxtrolls | Griffith Park

**DATE** | **BAND** | **GENRE**
--- | --- | ---
July 6 | Cold Duck | 70s
July 13 | Brian Lynn Jones & the Misfit Cowboys | Country
July 20 | The Arrangements | 60s-90s
July 27 | Fab 8 | Beatles
August 3 | Boxcar 7 | Blues/Soul
August 10 | Swing Cats Big Band | Swing
August 17 | LCR | Classic Rock
August 24 | Kulayd | Motown
August 31 | Night Blooming Jazzmen | Dixieland Jazz
September 7 | The Ravelers | Classic Rock

For information, call (909) 399-5490 • www.claremontca.org

Thank You to Our Sponsors!

- **CLAREMONTHUMAN SERVICES**
- **POSTAL PATRON**
- **CLAREMONT, CA PERMIT NO. 535**

- **CLAREMONT CHAMBER**
  - Village Marketing Group
  - Holiday Promenade
  - Halloween Spooktacular

- **DOUBLETREE BY HILTON CLAREMONT**
  - Holiday Tree Lighting Ceremony
  - Fourth of July Event Sponsor

- **CLAREMONT LINCOLN UNIVERSITY**
  - 2015 Special Events Sponsor

- **KIWANIS CLUB OF CLAREMONT**
  - Monday Night Concerts
  - Children's Concert

- **ROTARY CLUB OF CLAREMONT**
  - Spring Celebration